

GIST's 2nd Student Restaurant Weekly Meal Table



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|---|---|---|---|--|--|--|
| 05-30 Mon | 05-31 TUE | 06-01 WED | 06-02 THU | 0ხ-03 FRI | 0ь-04 SAT | 06-05 SUN |
| bean Sprout Soup | fiSh cake Soup | Tofu Kimchi Soup | pollack Soup | Soybean Paste Soup | bean Sprout Soup | fried tofu kimchi Soup. |
| Nhite rice * Oyster Sauce fried rice 1 0 | White rice * Shrimp meat fried rice 9.1 o | Black rice | White rice * Ham vegetable fried rice Io | White ric*Curry fried rice lo | Black rice | Black rice |
| Fried egg l | Fried egg l | Fried egg 1 | Fried egg l | Fried egg l | Fried egg l | Fried egg l |
| Fish cutlets | Grilled chicken 15 | Chicken Ball15 | Stir-fried pork kimchi lo | braised quail eggs in Vienna 1.10 | Hamburg steak lo | Grilled ham 10 |
| braised mushrooms | Seasoned Mung Bean Jelly | vegetable croquette | blanched broccoli | soft tofu | Grilled vegetables | Pop dumplings lo |
| Spinach greens | Yogurt | Green grape pudding | Fresh chives | Fried eggplants | Carrot apple juice | Seasoned dried radish |
| vegetable Salad | vegetable Salad | vegetable Salad | vegetable Salad | vegetable Salad | vegetable Salad | vegetable Salad |
| cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi |
| cereal* milk 2.6 | cereal* milk 2.6 | cereal* milk 2.6 | cereal* milk 2.6 | cereal* milk 2.6 | cereal* milk 2.6 | cereal* milk 2.6 |
| Toast* jam 6 | roast* jam 6 | Toast* jam 6 | Toast* jam 6 | Toast* jam 6 | Toast* jam 6 | Toast* jam 6 |
| Black rice | Black rice | Black rice | Black rice 🥥 | Black rice | Black rice | Black rice |
| bean Sprout Soup | fish cake soup | Tofu Kimchi Soup | pollack soup | Soybean Paste Soup | bean Sprout Soup | .fried tofu kimchi Soup |
| Grilled jjajang chicken 15 | Sweet and Sour pork lo | pineapple hamburger lo | Rose sauce meatball lo | Rice with pork and bean sprouts lo | Spicy grilled chicken 15 | Bulgogi with Soy Sauce lo |
| Sweet potato matang | Stir-fried squid noodles 17 | Stir-fried udon with oyster sau ce lo | Japchae with rice cake lo | Grilled mackerel 7 | red pepper paste with noodles | Korean japchae |
| Seaweed radish | Fusilli corn salad | Seasoned cucumber | Sweet potato Salad | Cold jellyfish salad | Seasoned tofu with crown daisy | Acorn jello |
| Seasoned garlic | laver | Seasoned sesame leaf | Stir-fried pumpkin mushrooms | Fresh vegetables | braised beans | Pickled radish |
| cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi |
| crispy rice crust | Lemon tea | | mixed grainS | Plum tea | | |
| Spicy Noodles with Pork 6.10 | barley bibimbap lo | 지방선거 | Bulgogi rice noodles lo | Kkakdugi fried rice | | |
| old twisted bread stick 6 | soybean paste stew | | hot dog lo | Salmon Mini Ball Salad | | |
| Black rice | Black rice | Black rice | Bean Sprout rice | Black rice | Black rice | Black rice |
| Kimchi sujebi soup 6 | Cold noodles with acorn jelly 6 | Udon soup | Soybean Paste Soup | cream Soup | Udon Soup | Seaweed Soup |
| Bulgogi with red pepper paste 10 | Chicken nuggets 15 | Spicy grilled chicken 15 | Stir-fried chives pork lo | Pork cutlet lo | curry with rice lo | Backbone of kimchi stew lo |
| Grilled tofu 5 | seasoned mustard with vegetables 10 | Chili dumplings lo | Boiled shrimp radish 9 | Spicy noodles | Korean style meatball 10 | Stir-fried bean sprout fish cake |
| Seasoned cucumber | Stir-fried fish cake and vegetables | Seasoned bean sprouts | Braised cabbage | Red bean bread | Radish salad | braised mushrooms |
| Seasoned dried fish | Pickled radish | Pickled radish | Seasoned dried radish | jalapeno pickles | Fresh vegetables | Seasoned sesame leaf |
| cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | cabbage kimchi | cubed radish kimchi |
| | | | | | | |
| | 05-30 MoN bean sprout soup White rice * Oyster sauce fried rice 1 o Fried egg 1 Fish cuttets braised mushrooms Spinach greens vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6 Black rice bean sprout soup Grilled jjajang chicken 15 Sweet potato matang Seaweed radish Seasoned garlic cabbage kimchi crispy rice crust Spicy Noodles with Pork 6.10 old twisted bread stick 6 Black rice Kimchi sujebi soup 6 Bulgogi with red pepper paste 10 Grilled tofu 5 Seasoned cucumber Seasoned dried fish | 05-30 MoN05-31 TUEbean sprout Soupfish cake soupWhite rice + Oyster sauce fried rice 1 oWhite rice + Shrimp meat fried rice 9.1 oFried egg 1Fried egg 1Fish cutletsGrilled chicken 15braised mushroomsSeasoned Mung Bean JellySpinach greensYogurtvegetable saladcabbage kimchicabbage kimchicabbage kimchicereal* milk 2.6Toast+ jam 6Black riceBlack ricebean sprout soupfish cake soupGrilled jigjang chicken 15Sweet and sour pork 10Sweet potato matangStir-fried squid noodles 17Seaweed radishFusilli corn saladSeasoned garlicLawercabbage kimchicabbage kimchicrispy rice crustLemon teaSpicy Noodles with Pork 6.10barley bibimbap 10old twisted bread stick 6Soybean paste stewBlack riceBlack riceBlack riceBlack riceBlack riceSugean paste stewBlack riceSitr-fried fish cake and vegetables 10Seasoned of tick 6Soybean paste stewBlack riceSeasoned mushard with vegetables 10Crilled tofu 5seasoned mushard with vegetables 10Seasoned cucumberStir-fried fish cake and vegetables 10Seasoned dried fishPickled radish | 05-30 MoN05-31 TUE0b-01 HEDbean sprout soupfish cake soupTofu Kimchi SoupWhite rice * Oyster sauce fried rice 01 0Fried egg 1Fried egg 1Seasoned filling Bean Jellyvegetable croquetteSpinach greensYogurtGreen grape puddingvegetable saladvegetable saladvegetable saladcabbage kimchicabbage kimchicabbage kimchicereal* milk 2.6cereal* milk 2.6Cereal* milk 2.6Tofu Kimchi SoupBlack riceBlack ricebalack riceBlack riceBlack riceban sprout soupStir-fried squid noodles 17Stir-fried udon with ouster sau ce loSeasoned garlicLaverSeasoned cucumberSpicy Noodles with Pork 6.10barley bibimbap loxlightsBlack riceBlack riceBlack riceback riceBlack riceBlack riceback soupStir-fried squid noodles 17Stir-fried udon with ougster sau ce loSeasoned garlicLaverSeasoned sesame leaf cabbage kimchicabbage kimchicabbage kimchicabbage kimchicrispy rice crustLemon teaXlightsBlack riceBlack riceBlack riceBlack riceBlack riceBlack riceBlack riceBlack riceBlack ricebibloodle with Pork 6.10soupbean paste stewBlack riceBlack riceBlack riceBlack rice< | 05-30 MoN 05-31 TUE 06-01 MED 06-02 THU bean sprout soup fish cake soup Tofu Kimchi Soup pollack soup White rice + Oussier souce fried rice 1 White rice + Strimp meat fried rice 31 Black rice White rice + Han vegetable fried rice 10 Fried egg 1 Fried egg 1 Grilled chicken 15 Chicken Ball5 Stir-fried pork Inchia 10 braised muchrooms Seasoned Illung Bean Jelly vegetable salad vegetable salad vegetable salad cabbage kimchi cabbage kimchi cabbage kimchi cabbage kimchi cabbage kimchi cerealt milk 2.6 Tosti tian 6 Tosti tian 6 Tosti tian 6 Tosti tian 6 Black rice Black rice Black rice Black rice Black rice Black rice pinsappe hamburger to Sweet and sour park to seasoned seasone discour sees suce meatball to Sweet polato matang Stir-fried squid noodles 17 Stir-fried volume seasoned seasone leaf Sweet polato matang Stir-fried squid noodles 17 Stir-fried volume sweet polato salad Seasoned gavitic cabbage kimchi cabbage kimchi | 05-30 HoN 05-31 TUE 0b-01 HED 0b-02 THU 0b-03 FRI bean sprout Soop fish cake soop fish cake soop pollack soop Soubean Paste Soop While rice * Oyster sauce fried rice Io Fried egg I Fried egg I Fried egg I Soubean Paste Soop Fried egg I Fried egg I Grilled chicken IS Stim-fried over, kinch Io Back rice White rice *16 mode Soute S | 05-30 HoN 05-31 TUE 01-01 HED 06-02 THU 01-03 FRI 01-01 SAT bean spruct swop Whiterice: Output saves friedrice1 Ifish cake soup Ifish cake soup pellack soup Stake rice Stake rice Stake rice Stake rice Stake rice Stake rice Whiterice: Starts mean and friedrice 1 Black rice Stake rice < |

쌀(국내산) 배추김치(국,찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산) 케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean b.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulgite 14.호 두walnut 15. 닭고기chicken 1b. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut