



Weekly meal plan (7th Mar~11th Mar)



* 상기 식단은 시장 수급 상황 또는 식당 사정에 따라 달라질 수 있습니다.*

★	03월 07일(월)	03월 08일(화)	03월 09일(수)	03월 10일(목)	03월 11일(금)
lunch	black rice	black rice	closed National election day	black rice	black rice
	stone pot bibimbap &boiled pork	marbled noodle		no chilli fried chicken *chungmu gimbap	stone pot backbone soup
	stir-fried fish cake	pork cutlet		squid radish fish cake uncooked	bacon fried udon
salad bar	flirt uncooked	pumpkin sprouts		host greens	sausage rolls
	shiraegi miso soup	udon soup		seaweed soup	pickled vegetables
	cabbage kimchi	cabbage kimchi		cabbage kimchi	cabbage kimchi
dinner	lettuce * miso	green salad		chicory apple sauce	lemon tea
	black rice	black rice	closed National election day	black rice	black rice
	bag stew * ramen noodles	beef bone rice dumpling soup		kimchi bean sprouts soup	shiraegi miso soup
dinner	sweet and sour pork	pork pork chop		curry rice	stir-fried pork
	stewed potato konjac	수제고구마튀김		chicken ddutlet	croquettes *ketchup
	spicy seasoning	sweet potato fries		green sprouts	flirt uncooked
dinner	fresh seaweed*pasture	chicory pickle		dried radish radish	lettuce * miso
	cabbage kimchi	cabbage kimchi		cabbage kimchi	cabbage kimchi

★ 원 산 지 표 시 ★

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★ 알레르기 유발식품 (Allergy-induced food labelling guedance) ★

①난류(egg), ②우유(milk),③메밀(buckwheat),④대두(soybean), ⑤땅콩(peanut), ⑥밀(wheat), ⑦새우(shrimp), ⑧돼지고기(pork), ⑨닭고기(chicken), ⑩쇠고기(beef), ⑪오징어(squid), ⑫고등어(mackerel) ⑬조개류(shellfish)⑭토마토(tomato)⑮아황산염(sulgate)