



GIST's 2nd Student Restaurant Weekly Meal Table





		(m)				(<u>©</u>)	
	12월 12일	12월 13일	12월 14일	12월 15일	12월 16일	12월 17일	12월 18일
r e a k f a t	udon Soup	Soybean Paste Soup	bean Sprouts Soup	dried pollack Soup	Fish Cake Soup	clear radish soup	Seaweed Soup
	White rice*Kimchi ham fried ric e lo	White rice*Curry fried rice lo	White rice*Soy sauce rice with po rk lo	White rice*Vegetable ham and rice lo	White rice*Seasoned rice with seawee d lo	Black rice	Black rice
	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l
	Spicy Stir-fried Pork 10	Hamburg Steak 10	Roasted chicken 15	Chicken cutlet 15	Grilled Spam 10	Stir-fried Vienna ketchup lo	Chicken cutlet 15
	Spinach sprouts	Boiled potatoes	Stir-fried fish cake lo	Grilled tofu	Mini pork cutlet 10	braised tofu	Fried dumplings
	Pickled cucumber	Seasoned dried fish	Fresh kimchi with chives	Pickled radish	seasoned bean sprouts	braised beans	laver
	vegetable Salad	vegetable Salad	vegetable Salad	vegetable Salad	vegetable Salad	vegetable Salad	vegetable Salad
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6
	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6
자 사 사	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice	Kimchi ham fried rice lo
	udon Soup	Soybean Paste Soup	bean sprouts soup	dried pollack Soup	Fish Cake Soup	clear radish soup	Seaweed Soup
	Meat spaghetti lo	Stir–fried spicy pork with cabbage lo	Fish cutlets	Mapa Tofu lo	Spicy steamed pork lo	Pork cutlet 10	Sausage rice cake lo
	Mini pork cutlet 10	Pork japchae lo	Grilled tofu	zucchini pancake	Fried dumpling okonomiyaki 10	Spicy chewy noodles	Glazed Sweet potatoes
	Fresh kimchi in Spring	vegetables wrapped	Grilled tofu	Spicy stir-fried fish cake	Green radish salad	Cabbage bean Sprouts	SeaSoned bean sprouts
	laver	Seasoned garlic stems	Pickled radish	Pickled radish	braised beans	Seasoned perilla leaf	Pickled red pepper paste
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
	crispy rice crust	mixed grains	crispy rice crust	lemon tea	crispy rice crust		
코	Rose chicken fried rice 15	tomato omelet rice lo	Spicy Seafood Noodles	Spicy Chicken Stew 15	Bean sprout ramen		
너	Yogurt	Sugar Twisted Bread	Hand-made meat dumplings2p	Juicy Cool	pepper fish cake kimbap		
	Black rice	Black rice	Rice with bean sprouts lo	Black rice	Black rice	Black rice	Black rice
D i n	Spicy Sausage Stew lo	rice cake dumpling Soup 10	Spicy cabbage soup	udon Soup	Seaweed Soup	Soybean Paste Soup	Fish Cake Soup
	Stir-fried Korean meatball 10	Braised mackerel with radish	assorted braised soybean paste l o	Black bean Sauce bulgogi lo	Kimchi pizza, Sweet and Sour pork lo	Stir-fried spicy pork 10	Seasoned Chicken Bowl 15
	Corn Salad	potato croquette	Seasoned squid cake	Fried kimchi	Steamed soft tofu and eggs	Fresh kimchi in spring	soft tofu
e r	Stir-fried fish cake mushroom	lettuce greens	laver	Seasoned cucumber	Stir-fried zucchini	Seasoned garlic stems	Stir-fried mushrooms
	Pickled radish	braised beans	Pickled red pepper	Seasoned perilla leaf	Pickled radish	Mini steamed buns	Seasoned dried radish
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
		쌀(국내산) 배추김치(국, 찌개, 볼	음, 반찬):배추(즛국산)고추가!	루(중국산)돈윤(국내산) 돈뼈(칠레)	소고기(호주산) 삼겹살(동익산) 등	(국내산) 고등어(국내산)	

쌀(국내산) 배추김치(국,찌개,볶음,반잔):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(질레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산) ☑ .계란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean b.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulgite 14.호 Fwalnut 15. 닭고기chicken 1b. 쇠고기beef 17. 호상어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut