## 한빛케터링 o9월 o5일~o9월 11일



## GIST's 2nd Student Restaurant Weekly Meal Table





	$\bot$	09월 05일	09월 06일	09월 07일	09월 08일	09월 09일	09월 10일	09월 11일
		Udon Soup	Soybean Paste Soup	bean Sprout Soup	Seaweed soup	Kimchi soup		
		White rice*Kimchi fried rice lo	White ric*Curry fried rice lo	White rice * Oyster sauce fried rice 1 0	Black rice	Black rice		
	ь	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l		
	e	Bulgogi with soy sauce lo	Pork cutlet 10	fried chicken 15	Fish cutlets	Chicken nuggets 15		
	a f	Stir-fried mushrooms	boiled quail eggs	Stir-fried green bean	Braised potatoes	Acorn jello		
	۵	Braised lotus root	seasoned dried radish	Braised black beans	Chives with fresh kimchi	Seasoned sesame leaves		
S	t	vegetable Salad	vegetable Salad	vegetable Salad	vegetable salad	vegetable Salad		
		cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi		
		cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6		
		Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam F	Toast* jam 6		
	저	Black rice	Black rice	Black rice	Black rice	Black rice		Black rice
		Udon Soup	Soybean Paste Soup	bean Sprout Soup	Seaweed Soup	Kimchi soup		Spicy radish soup
		Pineapple Hamburg lo	Stir-fried pork lo	Meat spaghetti lo	curried rice lo	Seasoned chicken balls 15		Steamed boneless pork belly
L		Braised pork and tofu lo	Stir-fried bean sprout noodles	Oriental Chicken Salad	Mini pork cutlet 10	Vegetable spicy noodles	추석	Stir-fried mushrooms
u	4	Seasoned mustard bean sprouts	Pickled bellflower root radish	laver	Stir-fried broccoli mushrooms	Stir-fried fish cake		Braised black beans
n c		Pickled radish	lemon Seaweed Salad	Seasoned garlic stems	Sliced kelp	SeaSoned dried radiSh		laver
h		cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi		cabbage kimchi
		mixed grainS	Plum tea	crispy rice crust				
	코	pork and butter bibimbap lo	Nagasaki Spicy Noodles lo	Braised kimchi with pork belly 10	운영하지않습니다	명절연류		
	너	Yogurt	Cup pizza	Juicy Cool				
		Black rice	Tuna mayo rice	Black rice	Black rice	Black rice		Black rice
	D	banquet noodles	Fish cake soup	Soybean Paste Soup	Pollack soup	Kimchi soup		Spicy radish soup
	i	Spicy sweet and sour pork lo	Korean style meatball 10	Grilled Sweet pumpkin chicken 15	Meatball with Soy Sauce 10	boiled quail eggs and pork 1.10		Braised meatballs 10
	n n	Seasoned seaweed konjac	The sweet potato	Tteokbokki with Soy Sauce	Stir-fried fish cake noodles	Warm tofu		Vegetable croquette
r	r	Chives with fresh kimchi	Stir-fried mushroom crab meat	young radish greens	Stir-fried mushrooms	Seasoned bean sprouts		Chives with fresh kimchi
		Garlic baguette	Braised black beans	Seasoned cucumber	Seasoned sesame leaves	Seasoned dried fish		Pickled radish
		cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi		cabbage kimchi
				h	3			

쌀(국내산) 배추김치(국,찌개,볶음,반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

✔️ 계란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean b.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulgite 14.호 두walnut 15. 닭고기chicken 1b. 쇠고기beef 17. 호장어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut