

GIST's 2nd Student Restaurant Weekly Meal Table 🔆





H	05-09 MoN	05-10 TUE	05-11 WED	05-12 THU	05-13 FRI	05-14 SAT	05-15 SUN
breakfast	Seaweed Soup	Soybean Paste Soup	Udon Soup	Radish and dried pollack soup	Soybean Paste Soup	Bean Sprout Soup	Tofu Kimchi Soup
	White rice * Oyster sauce fried r ice lo	White rice * Shrimp meat fried rice 9.10	White ric*Curry fried rice lo	White rice * Ham vegetable fried rice lo	White rice * Pork Soy Sauce rice 1 o	Black rice	Black rice
	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l
	Stir-fried pork with soy sauce l o	fried chicken15	Steamed quail eggs with pork 1.10	Stir-fried sausage lo	Stir-fried mushroom with meat lo	Pork cutlet 10	Chicken nugget 15
	acorn jelly	Sweet potato matang	Stir-fried fish cake with vegetables	Boiled dumpling 10	Spring Fries	Stir-fried Green Bean	Braised spicy radish
	Stir-fried pumpkin	seasoned bean sprouts	Yogurt	dried slices of daikon	Braised lotus root	laver	Fresh vegetables
	Vegetable Salad	Vegetable salad	Vegetable Salad	Vegetable Salad	Vegetable Salad	Vegetable salad	Vegetable salad
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
	Cereal * Milk 2.6	Cereal * Milk 2.6	Cereal * Milk 2.6	Cereal * Milk 2.6	Cereal * Milk 2.6	Cereal * Milk 2.6	Cereal * Milk 2.6
	Toast * Jam 6	Coast * Jam 6	Toast * Jam 6	Toast * Jam 6	Toast * Jam 6	Toast * Jam 6	Toast * Jam 6
Lunch	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice
	Seaweed Soup	Soybean Paste Soup	Udon Soup	Seaweed cold Soup	Soybean Paste Soup	Bean Sprout Soup	Tofu Kimchi Soup
	Spicy pork and rice with vegeta bles 10	Stir-fried pork with pumpkin 10	Black bean sauce lo	Braised Spicy Chicken sweet potato 15	Hambak kimchi steak lo	curried rice lo	Braised chicken balls 15
	Sweet sauce dumpling lo	Stir-fried glass noodles with vegetable s lo	Rice cake meatballs lo	Chive Pumpkin Pancake 6	vegetable croquette	Braised Sausage rice cake lo	Sausages lo
	Stir-fried pork and bok choy lo	Braised burdock	Stir-fried broccoli	Soft soybean curd	Steamed fish cake with bean spro uts	Stir-fried potatoes	Boiled Konjac Fish Cake
	dried SliceS of daikon	Lettuce	Pickled radish	Pickled garlic	fresh vegetables	dried slices of daikon	Seasoned sesame leaf
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
L	crispy rice crust	Powder made of mixed grains	crispy rice crust	Lemon tea	crispy rice crust		
코 너	Pork stew 10	Cold Buckwheat Noodles 3	Chicken mayo with rice 6.15	Spicy kimchi bibimbap	Sweet and Sour Pork Black Bean Noodles 6.10		
	Blueberry peeling bread	Pizza toast 6.10	Apple picnic	Rice cake soup bone 16	Yogurt		
D i n n e r	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice
	Tofu Kimchi Soup	Bean Sprout Sundae Soup lo	fishcake soup	Bean Sprout Soup	Kimchi stew with pork lo	Udon Soup	Seaweed Soup
	Charcoal grilled chicken 15	Chicken nuggets 15	Fish cutlets	Bulgogi with red pepper paste lo	Boiled pork balls 10	Braised Spicy Chicken with So y Sauce 15	pork chop lo
	Vegetable bibimmyeon	Braised pork and tofu lo	Stir-fried Ramen 6	Sweet potato matang	Steamed sundae lo	Korean Style meatball 10	Bean Sprouts japchae
	Seasoned cucumber and chives	Radish kimchi	Stir-fried Green Bean Ham lo	Kimchi fried tofu	Spinach greens	Fresh vegetables	Stir-fried pumpkin
	Braised lotus root	Raspberry Ade	Fresh vegetables	Seasoned sesame leaf	laver	Pickled garlic	Pickled radish
_	cabbage kimchi	cabbage kimchi	cabbage kimchi	cubed radish kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi

쌀(국내산) 배추김치(국,찌개,볶음,반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

☑ ᅨ란류egg 2.우유wilk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean b.밀Wheat 7.고등·1Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭·1Peach 12.토마토Tomato 13.아황산류sulgite 14.호 두walnut 15. 닭고기chicken 1b. 쇠고기beef 17. 호장어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut