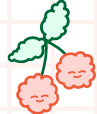
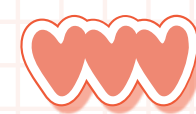


한빛케터링
04월 25일~05월 01일



GIST's 2nd Student Restaurant Weekly Meal Table



	04-25 Mon	04-26 Tue	04-27 WED	04-28 THU	04-29 FRI	04월 23일	04월 24일
b r e a k f a s t	Bean sprout soup White rice * Oyster sauce fried rice 10 Fried egg 1 Stir-fried spicy pork 10 Wedge potatoes Stir-fried pumpkin Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Soybean Paste Soup White rice * Shrimp meat fried rice 9.10 Fried egg 1 fried chicken 15 Soft tofu Seasoned bean sprouts Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup White rice * Kimchi fried rice 10 Fried egg 1 Fish cutlets Stir-fried Green Bean Vegetables Seasoned garlic Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	seaweed soup White rice * Ham vegetable fried rice 10 Fried egg 1 Braised Sausage Stew 10 Korean style meatball 10 Seasoned dried radish Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Radish and dried pollack soup White rice * Pork soy sauce rice 10 Fried egg 1 Hamburger with tomato sauce 10 Vegetable croquette Seasoned cucumber Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup Black rice Fried egg 1 Chicken nuggets 15 Soft tofu Seasoned cucumber Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Clear tofu soup Black rice Fried egg 1 Chicken cutlet 15 Braised spicy radish laver Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2
	Black rice Bean sprout soup braised spicy chicken 15 spicy chewy noodles Seasoned sesame leaf Stir-fried fish cake with garlic cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Hamburger steak with mushroom 10 Grilled mackerel 7 Garlic baguette Stir-fried seaweed stems cabbage kimchi Powder made of grains	Black rice Udon soup Stir-fried spicy pork with salted shrimp 10 Warm tofu Stir-fried tuna kimchi Fresh kimchi cubed radish kimchi crispy rice crust	Black rice seaweed soup Tomato spaghetti 10 Chicken salad 15 Green pumpkin pancake Seasoned cucumber and chives cabbage kimchi lemon tea	Black rice Radish and dried pollack soup Roasted chicken with rose sauce 15 Black bean paste japchae 10 Stir-fried fish cake Chinese cabbage greens cabbage kimchi crispy rice crust	Black rice Udon soup Spicy jjajang rice 10 Pork cutlet 10 Seasoned bean sprouts Seasoned pickled radish cabbage kimchi	Black rice Clear tofu soup Bulgogi with bean sprouts 10 Tteokbokki with fish cake Fresh vegetables Braised lotus root cabbage kimchi
	Korean sausage and rice soup 10 Chicken tortilla 3.15	Pork cutlet 10 Kimchi rice*Yogurt	Japchae rice with black bean sauce 10 Takokayki	Braised kimchi with pork belly 10 Juicy Cool	Boiled dumpling party noodles 10 mini burger 15		
	Black rice pork back-bone stew 10 Korean style meatball 10 Sweet potato matang Seasoned dried radish Grapefruit black tea cabbage kimchi	Black rice Fish cake udon 6 Braised pork balls with teriyaki 10 Sausage rice cake 10 Grilled potatoes Seasoned pickled radish cabbage kimchi	Black rice Soybean Paste Soup Braised Spicy Chicken 15 Fried dumplings 10 canola vegetables laver cabbage kimchi	Black rice Bean sprout soup Spicy Bulgogi 10 Braised tofu Vegetable wraps Chocolate morning bread cabbage kimchi	Black rice Kimchi sujebi soup Spicy sweet and sour pork 10 Steamed vegetable eggs 1 Peach yogurt salad Braised lotus root cabbage kimchi	Black rice seaweed soup Spicy braised spicy chicken 15 fried spring rolls Stir-fried mushrooms Fresh chives cabbage kimchi	Black rice Soybean Paste Soup Grilled veggie meatballs 10 Korean japchae 10 Seasoned cucumber seaweed Seasoned garlic cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

케란류egg 2. 우유milk 3. 메밀buckwheat 4. 땅콩Peanut 5. 대두Soybean 6. 밀Wheat 7. 고등어Mackerel 8. 게Crab 9. 새우Shrimp 10. 돼지고기Pork 11. 복숭아Peach 12. 토마토Tomato 13. 아황산류sulphite 14. 호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut