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01-24 MoN	01-25 TUE	01-26 WED	01-27 THU	01-28 FRI	01-29 SAT	01-30 SUN
Shrimp seaweed soup9 White rice * Seasoned laver rice 1o Fried egg 1 Stir-fried sausage quail egg ketchu pl.1o Braised potatoes laver Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Soybean Paste Soup 5 White rice * Ham vegetable fried ricelo Fried egg 1 Grilled spam 1o Stir-fried glass noodles with bean sprouts Cabbage greens Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	tofu kimchi stew 5 White rice * Shrimp meat fried rice 9.1o Fried egg 1 Grilled meatballs 1o Vegetable croquette Radish salad Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Sujebi soup White rice * Kimchi ham fried rice 1o Fried egg 1 Tuna braised tofu 5 Mini pork cutlet 1o Fresh kimchi with young radish paste Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	bean sprout soup White rice * Oyster sauce vegetable fried ricelo Fried egg 1 Pork bulgogi 1o Sausage pancake 1o Stir-fried seaweed stem Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Soybean Paste Soup 5 Black rice Fried egg 1 Stir-fried vegetables with sausage 1o Braised lotus roots laver Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup 5 Black rice Fried egg 1 Chicken cutlet 15 Stir-fried fish cake and vegetables Pickled garlic stems Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2
Black rice Shrimp seaweed soup9 Oven grilled teriyaki chicken 15 Vegetable spring roll Stir-fried seaweed stem Chicory fresh kimchi cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup 5 Curry rice 1o Fish cutlets Seasoned crown daisy tofu 5 Seasoned dried radish cabbage kimchi lemon tea	Black rice tofu kimchi stew 5 Pork bulgogi 1o Seaweed pancake 6 Stir-fried anchovies and peanuts 4 Seasoned chicory citron salad cabbage kimchi crispy rice crust	Black rice Sujebi soup Boiled hamburg pineapple 1o Ramen tteokbokki 6 Spinach greens Seasoned sesame leaves cabbage kimchi lemon tea	Black rice bean sprout soup Stir-fried chicken 15 glazed sweet potato Stir-fried fish cake and vegetables Spring fresh kimchi cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup 5 Red pepper paste bulgogi 1o Rice cake churros Seasoned seaweed Cabbage wraps cabbage kimchi	Black rice Udon soup 5 Popcorn chicken 15 Black bean sauce 1o Seasoned bean sprouts Pickled radish cabbage kimchi
Pork cutlet *spicy chewy noodles 1 o.6 Yogurt	Hot Stone pot flying fish roe rice corn dog	Fried tofu buckwheat noodles 3 Salad bread 6	Cheese bulgogi over rice 1o Yogurt			
Black rice Beef bone rice cake dumpling soup 1 o.16 Meatball ratatouille 1o Stir-fried noodles with pork 1o Seasoned bean sprouts CornSlow salad cabbage kimchi	Black rice Fish Cake Soup Stir-fried pork and kimchi 1o Korean style meatball 1o Braised lotus root beans Seasoned lemon seaweed with vinegar cubed radish kimchi	Black rice bean sprout soup Braised Spicy Chicken 15 Steamed eggs 1 Cabbage greens Konjac cabbage mustard salad cabbage kimchi	Black rice Udon soup 5 Steamed pork backbone 1o Chicken nuggets 15 Stir-fried green bean mushroom Pickled garlic stems cabbage kimchi	Black rice Shrimp seaweed soup9 Stir-fried meatball mushrooms 1o Braised pork and tofulo laver Seasoned seaweed cabbage kimchi	Black rice Kimchi Sujebi soup 6 Sweet and sour pork 1o Stir-fried ham pusili 1o Braised shrimp with radish 9 Pickled red pepper cabbage kimchi	Black rice Soybean Paste Soup 5 Grilled Spicy Chicken Oven 15 Stir-fried broccoli mushrooms laver Seasoned dried radish cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

계란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulphite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut