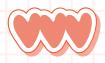
한빛케터링 10월 18일~10월 24일



GIST's 2nd Student Restaurant Weekly Meal Table





	10-18 MoN	10-19 TUE	10-20 WED	10-21 THU	10-22 FRI	10-23 SAT	10-24 SUN
breakfast	Udon Soup	Kimchi tofu soup 5	Shrimp Seaweed Soup 9	Bean Sprout Soup 5	Udon Soup	soybean paste soup 5	Udon Soup
	White rice * Kimchi ham fried rice lo	White rice * Pork and soy sauce se asoned rice lo	White rice * Ham vegetable fried ric e lo	White rice * Shrimp meat fried rice 9.10	White rice * Laver SeaSoned rice lo	Black rice	Black rice
	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l
	Hamburg Steaklo	Pork bulgogi 10	Braised Spicy Chicken 15	Grilled Spamlo	Vienna SauSage quail eggS l.lo	Grilled pork patties 10	Chicken cutlet 15
	Braised spicy potatoes	Vegetable croquette 6	Seasoned bean sprouts 5	Stir-fried seaweed stem	Mini pork cutlet10	Braised beans	Braised shrimp with radish 9
	laver	Sesame leaf seasoning	Stir-fried fish cake and vegetables	Seasoned cucumber chives	Seasoned dried radish	Blanched broccoli	Braised lotus roots
	Vegetable salad	Vegetable salad	Vegetable salad	Vegetable Salad	Vegetable Salad	Vegetable salad	Vegetable Salad
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
	Cereal * Milk 6.2	Cereal * Milk 6.2	Cereal * Milk 6.2	Cereal * Milk 6.2	Cereal * Milk 6.2	Cereal * Milk 6.2	Cereal * Milk 6.2
	Toast * Jam 6	Toast * Jam 6	Toast * Jam 6	Toast * Jam 6	Toast * Jam 6	Toast * Jam 6	Toast * Jam 6
L & u & l	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice
	Udon soup 5	Kimchi tofu soup 5	Shrimp Seaweed Soup 9	Bean Sprout Soup 5	Red pepper paste sujebi 5.6	Soybean paste Soup 5	Udon Soup
	Pork bulgogi punch 10	Grilled Spicy Chicken Oven 15	curry and ricelo	Stir-fried pork meat and vegetable s lo	Stir-fried sundae rice cake lo	Braised Spicy Chicken 15	Braised kimchi with backbonelo
	Stir-fried noodles with fish cake	Svjebi tteokbokki 6	Chicken cutlet salad 15	Braised pork tofu 5.10	Braised potatoes with bacon lo	Stir-fried ham and fish cake lo	Vegetable croquette 6
	Seasoned dried fish	Seasoned seaweed mayonnaise	Braised beans	Seasoned dried seaweed	Seasoned lotus roots with sesame sauce	Seasoned crown daisy tofu 5	Fried tofu crab salad 5
	Pickled radish	Seasoned chives	Seasoned dried radish	Fresh young radish kimchi	Sesame leaves with soy sauce	Seasoned red pepper	laver
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cubed radish kimchi
	crispy rice crust	lemon tea	crispy rice crust	lemon tea	crispy rice crust		
코 너		Black-bean-sauce noodles lo	Pork kimchi stew 10	Hot Stone pot bibimbap 10	Chueotang (loach stew).	It can be changed due to purchase circumstances	
	Morning bread 6 *Soup	Sweet and sour pork 6.10	Pork dumplingslo	Ramen snacks 6	Yogurt		
D i n n e r	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice
	Pork back bone soup lo	Spicy Sausage Stew lo	Radish sesame soup	soybean paste soup 5	Dried pollack bean Sprout Soup 5	Shrimp Seaweed Soup 9	Tofu Soybean paste Soup 5
	Stir-fried meatball tofu 10	Popcorn chicken 15	Spicy stir-fried pork bulgogi 10	Fish cutlet	Stir-fried pork and kimchi lo	Black bean sauce lo	Pork and red pepper paste bulg ogi 5.lo
	Stir-fried ham and pusili lo	Seasoned onions with eggplant	Fried fish cake mushroom 6	Stir-fried udon 6	Steamed tofu 5	Popcorn chicken 15	Braised potatoes
	Seasoned crab meat with bean spr outs5	Stir-fried potato	Braised radish soybean paste	Radish salad	Stir-fried anchovies with nuts 4	Bean sprouts	Seasoned chives
	Ssam kelp	Pickled radish	Seasoned seaweed cucumber	Morning bread *Jam 6	Shrimp pumpkin sprouts	Seasoned acorn jelly and vege tables	Vegetable wraps
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cubed radish kimchi	cabbage kimchi	cabbage kimchi
				£ 3			



쌀(국내산) 배추김치(국,찌개,볶음,반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산) 1.계란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean b.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulgite 14.호 두walnut 15. 닭고기chicken 1b. 쇠고기beef 17. 호장어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut