



	10-11 MON	10-12 TUE	10-13 WED	10-14 THU	10-15 FRI	10-16 SAT	10-17 SUN
breakfast	Black rice Fried egg 1 Grilled short rib patties 8 Seasoned shrimp with radish 7 Seasoned dried seaweed Vegetable salad kimchi Cereal*milk4.6.2 Toast*jam 6	Soy bean paste soup White rice * Laver seasoned rice 8 Fried egg 1 Grilled spam 8 Laver Seasoned cucumber chives Vegetable salad kimchi Cereal*milk4.6.2 Toast*jam 6	Shrimp seaweed soup 7 White rice * Pork soy sauce rice 8 Fried egg 1 Spicy braised squid 1 Braised meatballs 8 Stir-fried eggplant with pork 8 Vegetable salad kimchi Cereal*milk4.6.2 Toast*jam 6	Kimchi tofu soup 4 White rice * Shrimp fried rice 7 8 Fried egg 1 Stir-fried pork with soy sauce 8 Sausage pancake.8 Seasoned red pepper paste Vegetable salad kimchi Cereal*milk4.6.2 Toast*jam 6	Bean sprout soup White rice * Kimchi ham fried rice 8 Fried egg 1 Chicken cutlet 9 Braised radish with potatoes Stir-fried fish cake and vegetables Vegetable salad kimchi Cereal*milk4.6.2 Toast*jam 6	Soy bean paste soup Black rice Fried egg 1 Stir-fried pork and kimchi 8 Soft tofu 4 Stir-fried potatoes Vegetable salad kimchi Cereal*milk4.6.2 Toast*jam 6	Fish Cake Soup Black rice Fried egg 1 Stir-fried vegetables in Vienna 8 Stir-fried broccoli Seasoned acorn jelly and vegetables Vegetable salad kimchi Cereal*milk4.6.2 Toast*jam 6
	Black rice Udon soup Curry rice 8 Korean meatballs, 1.8 Stir-fried fish cake and vegetables Seasoned dried radish kimchi	Black rice Soy bean paste soup Bean sprouts, spicy pork bulgogi 8 Rice cake churros6 Stir-fried mushroom and pumpkin Seasoned sesame leaves kimchi Boiled scorched rice	Black rice Shrimp seaweed soup 7 Hamburger chop steak 8 Tomato pasta 8 .13 Bean sprouts and seasoned seaweed Coleslaw Corn Salad kimchi lemon tea	Black rice Kimchi tofu soup 4 Steamed pork backbone 8 Chives pumpkin pancake 6 Fried tofu crab salad 4 Fresh young radish kimchi kimchi Boiled scorched rice	Black rice Bean sprout soup stir-fried chicken9 Fried eggplant mushrooms 6 Seasoned dried fish Seasoned garlic kimchi lemon tea	Black rice Soy bean paste soup Pork cutlet 8 Braised shrimp with radish7 Seaweed stem crab meat stir-fried Seasoned red pepper kimchi	Black rice Fish Cake Soup Stir-fried sundae pork 8 Spicy noodles 6 Braised beans Seasoned dried radish kimchi
lunch	Black rice Shrimp seaweed soup 7 Stir-fried pork and kimchi 8 Mini pork cutlet. Ketchup8 Soft tofu 4 Stir-fried potato cubed radish kimchi	Black rice Fish cake spicy soup Sweet and sour chicken 9 Stir-fried oyster sauce udon6 Stir-fried seaweed stem Fresh young radish kimchi kimchi	Black rice Spicy jjamppong soup 8 Stir-fried pork meat and vegetables 8 Boiled fish cake and potatoes Seasoned pickled radish with celery Mini steamed buns kimchi	Black rice Soy bean paste soup Red pepper paste pork bulgogi ssambap 8 Vegetable croquette Braised beans Vegetable wraps kimchi	Black rice Udon soup Mmapa Tofu 8 stir-fried Rice Cake 6 Cabbage bean paste sprouts Seasoned cucumber chives kimchi	Black rice Kimchi tofu soup4 Tomato Hamburg steak 8 Steamed eggs and vegetables 1 Stir-fried shrimp pumpkin 7 Seasoned pickled radish kimchi	Black rice Mushroom tofu soup4 Braised Spicy Chicken9 Fried dumplings 8 Seasoned bean sprouts Seasoned seaweed lemon vinegar kimchi
코너	Dumpling party noodles 6.8 Chicken cutlet tortilla 6.9	Kimchi omurice 1.8 sundae 8	Korean pork noodles 6.8 Rice ball	Kimchi ramen6 Fried seaweed rolls	식단은 구매사정에 의해 변경될수 있습니다.		
dinner	Black rice Shrimp seaweed soup 7 Stir-fried pork and kimchi 8 Mini pork cutlet. Ketchup8 Soft tofu 4 Stir-fried potato cubed radish kimchi	Black rice Fish cake spicy soup Sweet and sour chicken 9 Stir-fried oyster sauce udon6 Stir-fried seaweed stem Fresh young radish kimchi kimchi	Black rice Spicy jjamppong soup 8 Stir-fried pork meat and vegetables 8 Boiled fish cake and potatoes Seasoned pickled radish with celery Mini steamed buns kimchi	Black rice Soy bean paste soup Red pepper paste pork bulgogi ssambap 8 Vegetable croquette Braised beans Vegetable wraps kimchi	Black rice Udon soup Mmapa Tofu 8 stir-fried Rice Cake 6 Cabbage bean paste sprouts Seasoned cucumber chives kimchi	Black rice Kimchi tofu soup4 Tomato Hamburg steak 8 Steamed eggs and vegetables 1 Stir-fried shrimp pumpkin 7 Seasoned pickled radish kimchi	Black rice Mushroom tofu soup4 Braised Spicy Chicken9 Fried dumplings 8 Seasoned bean sprouts Seasoned seaweed lemon vinegar kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬): 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뿔(칠레) 소고기(호주산) 삼겹살(독일산) . 닭(국내산) 고등어(국내산)

1. 계란류egg 2. 우유milk 3. 메밀buckwheat 4. 땅콩Peanut 5. 대두Soybean 6. 밀wheat 7. 고등어Mackerel 8. 게Crab 9. 새우Shrimp 10. 돼지고기Pork 11. 복숭아Peach 12. 토마토Tomato 13. 아황산류sulphite 14. 호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut