



## 제 1학생식당

| Meals                                                                                             |                                                                                                    | Mon 9/14                                                                                                                                                        | Tue 9/15                                                                                                                                                  | Wed 9/16                                                                                                                                                        | Thu 9/17                                                                                                                                                        | Fri 9/18                                                                                                                                                                                                               |                                                                                                                    |  |  |  |
|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--|--|--|
| <br><br>Breakfast |                                                                                                    | white rice<br>udon soup<br>Steamed eggs<br>Pork cutlet / sauce<br>Stir-fried fish cake<br>cabbage kimchi<br>Cereal * Milk<br>Toast * Jam<br>vegetable salad * D | white rice<br>Seaweed Soup<br>Steamed eggs<br>Stir-fried chicken<br>Bean sprouts<br>cabbage kimchi<br>Cereal * Milk<br>Toast * Jam<br>vegetable salad * D | white rice<br>Soybean Paste Soup<br>Steamed eggs<br>Chicken Nuggets<br>Tuna Vegetables<br>cabbage kimchi<br>Cereal * Milk<br>Toast * Jam<br>vegetable salad * D | white rice<br>bean sprout soup<br>Steamed eggs<br>Stir-fried pork<br>vegetables kimchi<br>cabbage kimchi<br>Cereal * Milk<br>Toast * Jam<br>vegetable salad * D | white rice<br>Tofu Kimchi Soup<br>Steamed eggs<br>Grilled Marinated Beef<br>Braised tofu<br>cabbage kimchi<br>Cereal * Milk<br>Toast * Jam<br>vegetable salad * D                                                      |                                                                                                                    |  |  |  |
|                                                                                                   | ***Breakfast Self Ramen Corner (Ramen, Egg, Rice, Kimchi, Cereal, Milk, Toast, Vegetable Salad)*** |                                                                                                                                                                 |                                                                                                                                                           |                                                                                                                                                                 |                                                                                                                                                                 |                                                                                                                                                                                                                        |                                                                                                                    |  |  |  |
|                                                                                                   | <br><br>Lunch      | 일품                                                                                                                                                              | Beef brisket Olio Pasta<br>* Kimchi Fried Rice                                                                                                            | Stir-fried pork<br>* Spicy mixed noodles                                                                                                                        | Back Bone Soup<br>* dumpling                                                                                                                                    | Beef Brisket stew<br>* Fried flower buns                                                                                                                                                                               | Hambak curry rice<br>* Salad bread                                                                                 |  |  |  |
|                                                                                                   | 한식                                                                                                 | white rice<br>udon soup<br>Bean Sprout pork<br>Braised potatoes<br>vegetables kimchi<br>cabbage kimchi                                                          | white rice<br>Seaweed Soup<br>Grilled Galbi Patties<br>Black Soybean Sauce<br>Dried Radish Salad<br>cabbage kimchi                                        | white rice<br>Soybean Paste Soup<br>Pork quail eggs<br>Sausage Penne Pasta<br>Stir-fried anchovies<br>cabbage kimchi                                            | white rice<br>bean sprout soup<br>Stir-fried chicken<br>Braised tofu<br>Pickled Cucumber<br>cabbage kimchi                                                      | white rice<br>Tofu Kimchi Soup<br>Sausage meatballs<br>stir-fried Rice Cake<br>Stir-fried broccoli<br>cabbage kimchi                                                                                                   |                                                                                                                    |  |  |  |
| self-corner *vegetables/toasts*                                                                   |                                                                                                    |                                                                                                                                                                 |                                                                                                                                                           |                                                                                                                                                                 |                                                                                                                                                                 |                                                                                                                                                                                                                        |                                                                                                                    |  |  |  |
| <br><br>Dinner  |                                                                                                    |                                                                                                                                                                 | white rice<br>Beef Radish Soup<br>fishcats/tar sauce<br>Braised radish<br>Stir-fried ham<br>cabbage kimchi                                                | white rice<br>spicy Chicken stew<br>Seafood meatballs<br>Braised sausage<br>Bacon Vegetables<br>cabbage kimchi                                                  | white rice<br>bean sprout soup<br>Braised Spicy Chicken<br>Braised meatballs<br>Pickled Cucumber<br>cabbage kimchi                                              | white rice<br>Kimchi Pork stew<br>Stir-fried Sundae<br>Fried pork<br>vegetables kimchi<br>cabbage kimchi                                                                                                               | white rice<br>Soybean Paste Soup<br>Stir-fried pork<br>Stir-fried fish cake<br>vegetables kimchi<br>cabbage kimchi |  |  |  |
|                                                                                                   |                                                                                                    | 원산지                                                                                                                                                             |                                                                                                                                                           |                                                                                                                                                                 |                                                                                                                                                                 |                                                                                                                                                                                                                        | 쇠고기(호주산),돈육(국내산),돈뺀(국내산),삼겹살(미국산),고등어(국내산),김치(배추,고춧가루:중국산),닭(국내산),닭정육(브라질산),쌀(국내산)                                 |  |  |  |
|                                                                                                   | 알레르기                                                                                               |                                                                                                                                                                 |                                                                                                                                                           |                                                                                                                                                                 |                                                                                                                                                                 | 1.난류(egg), 2.우유(milk),3.메밀(buckwheat),4.대두(soybean),5.땅콩(peanut),6.밀(wheat),7.새우(shrimp)<br>8.돼지고기(pork),9.닭고기(chicken),10.쇠고기(beef),11.오징어(squid),12.고등어(mackerel),13.조개류(shellfish),14.토마토(tomato),15.야황산염(sulgitte) |                                                                                                                    |  |  |  |