

ST 제1학생식당 주간식단표

* 상기 식단은 시장 수급 상황 또는 식당 사정에 따라 달라질 수 있습니다.*

2021년 12월 한빛캐atering

★	12월 13일(월)	12월 14일(화)	12월 15일(수)	12월 16일(목)	12월 17일(금)	12월 18일(토)	12월 19일(일)
조식	Black rice. Bean sprout soup. Fried egg Matcho King Tangsuyuk. Stir-fried tuna kimchl. Laver for lunchbox. cabbage kimchl Cereal+milk, Toast+jam, Vegetable salad+D	Black rice. Sh leaves soybean paste soup with rice recommendation bureau for marsh sn Fried egg Braised Spicy Chicken Seasoned acorn Jelly. Fruit cabbage kimchl Cereal+milk, Toast+jam, Vegetable salad+D	Black rice. Fried egg Stir-fried Saesongl In Vienna Saesongl Fried Food. Sweet and sour meatballs. Braised shrlmp. cabbage kimchl Cereal+milk, Toast+jam, Vegetable salad+D	Black rice. Bean sprout soup. Fried egg Donmeal JangJorIm Bean sprouts Fruit cabbage kimchl Cereal+milk, Toast+jam, Vegetable salad+D	Black rice. Shrimp seaweed soup. Fried egg Grilled spam... Ketchup. Stir-fried fish cake and vegetables. Pickled radish bean paste sprouts. cabbage kimchl Cereal+milk, Toast+jam, Vegetable salad+D		
중식	Black rice. Bean sprout soup. Stir-fried chilli chicken. Fried vegetables. Seasoned radish kimchl and tofu. Seasoned dried radish. cabbage kimchl	Black rice. Sh leaves soybean paste soup with rice recommendation bureau for marsh sn Garlic sauce pork bulgogi. Fried sweet pumpkin. oned green onion salad with bean spr Vegetable Ssamjang. cabbage kimchl	Black rice. Braised kimchl with pork. Soft tofu... Seasoning sauce. Stir-fried bell peppers. Laver for lunchbox. cubed radish kimchl	Black rice. Beef radish soup. Tuna braised tofu. Spicy vegetable Jjolmyeon. Stir-fried oyster sauce. Ssamdashima*chojang cabbage kimchl	Black rice. Shrimp seaweed soup. icy seasoned vegetables, pork bulgogi Maal potato salad. Seasoned seaweed lemons. Seasoned dried radish. cabbage kimchl	휴	무
일품	Hamburger omurice. Yogurt	clam soft tofu stew. SALDOG	Skewed muk udon. Handmade pork and sweet and sour pork	Jeonju style bean sprout soup. Meat hand-made dumplings	Ramen Pork cutlet gimbap	♥	♥
석식	Black rice. beef bone rice cake dumpling soup Braised Pork Belly Meat with Soy Sauce Fried Frank Ball Fish Cake. Stir-fried green onion. Spicy stir-fried pork and vegetable cabbage kimchl	Black rice. Squid Jjamppong soup. Short rib patties nanjawsn. Sausage and egg pancake. Braised beans. Ssamdashima*chojang cabbage kimchl	Black rice. Udonjangguk. Uni Black Bean Noodles. Chicken nugget* mustard. So-baked cabbage sprouts. Morning bread. cabbage kimchl	Black rice. Bean sprout soup. Chicken stew. Seasoned radish greens. Chinese cabbage and mustard. soy sauce perilla leaves. cabbage kimchl	Black rice. Pork kimchi stew. Chicken cutlet Yuringl. Meatballs. Bean sprouts Laver for lunchbox. cubed radish kimchl		

★ 원산지 표시 ★

쇠고기(호주산)돈육(국내산)돈뼈(수입산)삼겹살(독일산),고등어(국내산),김치(배추,고춧가루:중국산)닭(국내산)쌀(국내산)

★ 알레르기 유발식품 (Allergy-induced food labelling guidance) ★

①난류(egg), ②우유(milk),③메밀(buckwheat),④대두(soybean), ⑤땅콩(peanut), ⑥밀(wheat), ⑦새우(shrimp), ⑧돼지고기(pork), ⑨닭고기(chicken), ⑩쇠고기(beef), ⑪오징어(squid), ⑫고등어(mackerel) ⑬조개류(shellfish)⑭토마토(tomato)⑮야황산염(sulgate)