



| | 10월 16일 | 10월 17일 | 10월 18일 | 10월 19일 | 10월 20일 | 10월 21일 | 10월 22일 |
|---|---|--|--|---|---|---|--|
| b r e a k f a s t | Seaweed soup White rice * kimchi fried rice 10 Fried egg 1 Chicken Nuggets 15 Seasoned acorn jelly with vegetables vegetable salad cabbage kimchi Cereal * Milk Toast * Jam | Soybean Paste Soup White rice * ham and vegetable fried rice 10 Fried egg 1 Stir-fried ham and vegetables 10 Fried dumplings 10 vegetable salad cabbage kimchi Cereal * Yogurt Toast * Jam | udon soup White rice * Curry fried rice 10 Fried egg 1 Stir-fried Pork 10 Eggplant greens vegetable salad cabbage kimchi Cereal * Milk Toast * Jam | bean sprout soup White rice*Oyster sauce fried rice 10 Fried egg 1 Braised meatballs 10 Stir-fried fish cake vegetable salad cabbage kimchi Cereal * Yogurt Toast * Jam | Fish Cake Kimchi Soup White rice * Black bean fried rice 10 Fried egg 1 Grilled chicken 15 Stir-fried green bean vegetable salad cabbage kimchi Cereal * Milk Toast * Jam | Tofu dried pollack soup Black rice Fried egg 1 Chicken cutlet 15 Mango jelly pudding vegetable salad cabbage kimchi Cereal * Milk Toast * Jam | Fish cake soup Black rice Fried egg 1 Grilled pork balls 10 blanched broccoli vegetable salad Cereal * Milk Toast * Jam cabbage kimchi |
| | Black rice Seaweed soup Gochujang stir-fried pork 10 braised quail eggs 1 Lettuce Stem Vegetables Pickled Chili Pepper cabbage kimchi | Black rice Soybean Paste Soup Curry Rice Chicken cutlet salad 15 Bean sprouts Pickled radish cabbage kimchi | Black rice udon soup Rose Hamburger Steak 10 Fried sweet pumpkin Seasoned mushroom with vinegar braised beans cabbage kimchi | Black rice bean sprout soup Fish cutlets vegetable japchae Sea tangle Seasoned dried radish cabbage kimchi | Black rice Fish Cake Kimchi Soup Stir-fried rice cake with pork 10 Flower bread lotus root black sesame seeds Seasoned sesame leaves cabbage kimchi | Black rice Tofu dried pollack soup Rice with ham and kimchi 15 Sweet and sour dumplings 10 Stir-fried dried fish braised beans cabbage kimchi | Black rice Fish cake soup Stir-fried sundae 10 soft tofu fresh kimchi Pickled Cucumbers cabbage kimchi |
| | Nagasaki jjamppong 10 Seasoned dumplings 10 | Grilled pork 10 Ssam vegetable* Yogurt | Soondae meat and rice soup 10 Fruits yogurts | Chicken rice noodles 15 Egg Toast | Flying fish roe rice Takokayki | | |
| | Black rice spicy monkfish soup 갈비맛산적볶음 10 Shellfish short pasta 18 cucumber and soy sauce braised beans cabbage kimchi | Black rice Pork Backbone Stew 10 Korean style meatball 10 Sweet and sour rice cake Stir-fried Seaweed Stems Powder made of mixed grains cabbage kimchi | Black rice beef bone soup 10 Soy sauce sweet and sour pork 10 Steamed ham bean sprouts 10 Pickled garlic stems Small noodles cabbage kimchi | Black rice Soft tofu sujebi soup Mala stir-fried pork 10 Bean Curd Salad Stir-fried dried fish Pickled radish cabbage kimchi | Black rice Cream soup Mini pork cutlet 10 Pizza toasted gratin Stir-fried mushrooms Pickled Cucumbers cabbage kimchi | Black rice Soybean Paste Soup Oyster sauce stir-fried pork 10 Spring Fries Bean sprouts Pickled Chili Pepper cabbage kimchi | Black rice Seaweed soup tomato meatball 10 Candied Sweet Potatoes Seasoned seaweed Seasoned sesame leaves cabbage kimchi |

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뺨(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

계란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut