



| | 10월 09일 | 10월 10일 | 10월 11일 | 10월 12일 | 10월 13일 | 10월 14일 | 10월 15일 | |
|---|--|---|--|--|--|---|--|---|
| b r e a k f a s t | Kimchi fish cake Black rice Fried egg Chicken Nuggets 15 Stir-fried mushrooms vegetable salad cabbage kimchi Cereal * Milk Toast * Jam | udon soup White rice*Ham and Vegetable Fried Ricelo Fried egg Grilled chicken 15 Eggplant greens vegetable salad cabbage kimchi Cereal * Yogurt Toast * Jam | bean sprout soup White rice*Curry fried rice 10 Fried egg Hamburger steak 10 Fried dumplings 10 vegetable salad cabbage kimchi Cereal * Milk Toast * Jam | spicy radish soup White rice*Oyster sauce fried ricelo Fried egg Stir-fried Pork 10 Stir-fried green bean vegetable salad cabbage kimchi Cereal * Yogurt Toast * Jam | clear dried pollack soup White rice*Stir-fried black bean saucelo Fried egg Braised meatballs and vegetables 10 Braised radish vegetable salad cabbage kimchi Cereal * Milk Toast * Jam | Seaweed soup Black rice Fried egg Chicken cutlet 15 Mango jelly pudding vegetable salad cabbage kimchi Cereal * Milk Toast * Jam | udon soup Black rice Fried egg Korean style meatball 10 blanched broccoli vegetable salad Cereal * Milk Toast * Jam cabbage kimchi | |
| | Black rice Kimchi fish cake Sweet and sour pork 10 Bibimbap noodles Stir-fried pumpkin Seasoned dried radish cabbage kimchi | Black rice udon soup braised pork balls 10 Banana sweet potato radish vegetables Seasoned sesame leaves cabbage kimchi | Black rice bean sprout soup Stir-fried rice cake and pork 10 Stir-fried fish cake Braised soybean paste dried radish 10 Pickled radish cabbage kimchi | Black rice spicy radish soup Tomato Spaghetti Honey butter dumpling 10 Stir-fried Golden Oak Mushrooms Pickle halapeno cabbage kimchi |  Black rice clear dried pollack soup Fried pollack Braised tofu seasoned konjac braised beans Stir-fried kimchi | Black rice Seaweed soup Stir-fried pumpkin pork 10 Seasoned noodles with soy sauce Braised cabbage Seasoned garlic stems cabbage kimchi | Black rice udon soup Black bean sauce Spicy noodles with vegetables Corn crab salad Stir-fried Seaweed Stems cabbage kimchi | |
| | 한글날 | Chinese Bibimbap 10 Fried egg*Mini steamed bun | Kimchi and Fishcake Udon Ham kimbap 10 | Spicy chicken with rice 15 Sweet red bean morning bread | omelet ricelo Sausage 10 * Yogurt | | | |
| | l u n c h e a r n e e t | Black rice Seaweed soup Mapo Bean Curd with Rice Fried squid. Sweet and sour braised beans Lemon tea cabbage kimchi | Flying Fish Roe Fried Rice Soybean Paste Soup Vienna Tteokbokki 10 Vegetable Croquettes Pickled Cucumbers laver cabbage kimchi | Black rice Chicken porridge 15 Grilled Mackerel spring ticket Bean Sprout Salad Seasoned dried radish cabbage kimchi | Black rice Noodle Soup with Clams Braised in soy sauce 10 Braised cabbage Seasoned garlic stems Powder made of mixed grains cabbage kimchi | Black rice soft tofu soup Stir-fried Sundae and Vegetables 10 Cold pasta Garlic Baguette Pickled sesame leaves cabbage kimchi | Black rice bean sprout soup Kkanpung Chicken Ball 15 Rosé Tteokbokki Stir-fried mushrooms braised beans cabbage kimchi | Black rice beef bone soup assorted fries 10 Tofu with tangsu sauce plum tea Pickled radish cabbage kimchi |

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뺀(칠레) 소고기(호주산) 삼겹살(독일산). 닭(국내산) 고등어(국내산)

1. 계란류 egg 2. 우유 Milk 3. 메밀 buckwheat 4. 땅콩 Peanut 5. 대두 Soybean 6. 밀 Wheat 7. 고등어 Mackerel 8. 게 Crab 9. 새우 Shrimp 10. 돼지고기 Pork 11. 복숭아 Peach 12. 토마토 Tomato 13. 아황산류 sulfite 14. 호두 walnut 15. 닭고기 chicken 16. 쇠고기 beef 17. 오징어 Squid 18. 조개류 shellfish (굴, 전복, 홍합 등) 19. 잣 pine nut