



	10월 02일	10월 03일	10월 04일	10월 05일	10월 06일	10월 07일	10월 08일
조식			Seaweed soup White rice * Curry fried rice lo Fried egg l Chicken Nuggets 15 Shrimp braised radish vegetable salad cabbage kimchi Cereal * Milk Toast * Jam	Fish cake soup White rice*Oyster sauce fried rice lo Fried egg l Braised Spicy Chicken 15 Stir-fried green bean vegetable salad cabbage kimchi Cereal * Yogurt Toast * Jam	Soybean Paste Soup White rice * Black bean sauce fried rice lo Fried egg l Stir-fried pork ball with vegetableslo Stir-fried eggplant vegetable salad cabbage kimchi Cereal * Milk Toast * Jam	Kimchi Tofu Soup Black rice Fried egg l Chicken cutlet 15 Mango jelly pudding vegetable salad cabbage kimchi Cereal * Milk Toast * Jam	udon soup Black rice Fried egg l Korean style meatball lo blanched broccoli vegetable salad Cereal * Milk Toast * Jam cabbage kimchi
중식	Black rice Soybean Paste Soup Hamburger steak lo Spicy Cold Noodles Stir-fried zucchini Pickled Cucumbers cabbage kimchi	Kimchi Fried Rice udon soup Cream short pasta lo teriyaki dumplings lo Stir-fried dried fish laver cabbage kimchi	Black rice Seaweed soup Mapo Bean Curd with Rice Fried mushrooms Stir-fried lettuce stems Seasoned dried radish cabbage kimchi	Black rice Fish cake soup Pork ball rosé lo Vegetable Spring Roll Stir-fried mushrooms Seasoned sesame leaves cabbage kimchi	Black rice Soybean Paste Soup bean sprout stir-fried pork lo Rice cake and japchae Seaweed Salad braised beans cabbage kimchi	Black rice Kimchi Tofu Soup Curry Rice Mini pork cutlet lo Stir-fried broccoli Seasoned garlic stems cabbage kimchi	Black rice udon soup Pizza pork cutlet lo Braised fish cake bean sprouts Pickled radish udon noodles cabbage kimchi
코너			Pork jjamppong noodles lo Steamed dumplings lo	Rice with pork cutlet lo Juicy cool	Hot Stone Pot Bibimbap Sweet pumpkin tortilla pizza		
석식	Black rice Soft tofu, clear soup Stir-fried pork with red pepper paste lo Mini steamed bun Braised cabbage Seasoned dried radish cabbage kimchi	Black rice Kimchi fish cake soup Braised meatballs lo Vegetable Croquettes Braised burdock Seasoned sesame leaves cabbage kimchi	Black rice green onion bone soup Pork chops lo Sweet pumpkin salad Bean sprouts and chives Cellophane noodles cabbage kimchi	Black rice Braised Spicy Chicken 15 Seasoned sausage rice cakes lo Seasoned seaweed fresh kimchi Powder made of mixed grains cabbage kimchi	Black rice bean sprout soup Soy sauce sweet and sour pork lo Kimchi acorn jelly Stir-fried mushrooms Seasoned garlic stems cabbage kimchi	Black rice Seaweed soup pumpkin stir-fried pork lo Steamed dumplings lo Stir-fried seaweed Pickled radish cabbage kimchi	Black rice Soybean Paste Soup Fish cutlets stir-fried Rice Cake Bean Sprout Salad Tartar Sauce cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.계란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut