



	08월 14일	08월 15일	08월 16일	08월 17일	08월 18일	08월 19일	08월 20일	
b r e a k f a s t	Seaweed soup White rice * kimchi fried rice 10 Fried egg Chicken nuggets 15 Stir-fried oyster sauce with mushroom vegetable salad cabbage kimchi Cereal * milk Toast*jam	bean sprout soup Black rice Fried egg Grilled Spam Fried dumplings 10 vegetable salad cabbage kimchi Cereal * Yogurt Toast*jam	Soybean Paste Soup White rice * ham and vegetable fried rice 10 Fried egg Braised Spicy Chicken 15 Stir-fried eggplants vegetable salad cabbage kimchi Cereal * milk Toast*jam	Bean sprout kimchi soup White rice * Stir-fried chicken rice 15 Fried egg Braised pork balls 10 Green bean stir-fried pork 10 vegetable salad cabbage kimchi Cereal * Yogurt Toast*jam	Tofu dried pollack soup White rice * Jjajang fried rice 10 Fried egg Stir-fried Pork 10 Stir-fried potatoes vegetable salad cabbage kimchi Cereal * milk Toast*jam	Fish cake soup Black rice Fried egg Hamburger steak 10 Mango jelly pudding vegetable salad cabbage kimchi Cereal * milk Toast*jam	Soybean Paste Soup Black rice Fried egg Korean style meatball 10 blanched broccoli vegetable salad Cereal * milk Toast*jam cabbage kimchi	
	L u n c h	Black rice Seaweed soup Spicy stir-fried pork 10 soft tofu Seasoned cucumber pickles Seasoned perilla leaves Fried kimchi	Black rice bean sprout soup fine hamburger steak 10 Fish cake japchae Stir-fried zucchini Pickled radish cabbage kimchi	Black rice Soybean Paste Soup Rice cake stir-fried pork 10 Flower bread Braised Spicy Potatoes Pickled Garlic cabbage kimchi	Black rice Bean sprout kimchi soup Mapo Bean Curd with Rice 10 Mini pork cutlet 10 Soft bean salad Braised lotus roots cabbage kimchi	Black rice Tofu dried pollack soup Kimchi spaghetti Meatball salad 10 Stir-fried dried fish Pickle jalapeno cabbage kimchi	Black rice Fish cake soup Black Bean Rice 10 Stir-fried sausage and vegetables 10 Bean Sprout Salad Seasoned dried radish cabbage kimchi	Bean sprout rice Soybean Paste Soup braised pork with quail eggs 10 glazed sweet potatoes Pickled Chili Pepper plum tea cabbage kimchi
		D i n n e r	lemon tea	광복절	Sausage egg cup rice 10 Takokayki 3p	Cold noodles with dongchimi Steamed dumplings 10	BBQ chicken rice 15 Iced Juicy Cool	
			Black rice Green onion soup 10 Fruits sweet and sour pork 10 Stir-fried Vegetables and Fishcake Seasoned dried radish Cellophane noodles cabbage kimchi	Black rice Seaweed soup Stir-fried pork with soy sauce 10 Vegetable Croquettes Braised cabbage Braised black beans cabbage kimchi	Black rice Maratang with pork 10 Chives, steamed sundae 10 Stir-fried mushroom ham 10 Seasoned Jjasai Powder made of mixed grains cabbage kimchi	Self-made Mayo Rice Udon soup Fried food 10 Spicy Vegetable Noodles dried pumpkin greens dried seaweed / pickled radish cabbage kimchi	Black rice bean soup Chicken nuggets 15 Steamed vegetable eggs 1 Bean Sprout Salad Seasoned perilla leaves cabbage kimchi	Black rice Soft Tofu Soup Red pepper paste stir-fried pork 10 spring roll Seasoned cucumber Pickled Garlic cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.계란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut