



	06월 05일	06월 06일	06월 07일	06월 08일	06월 09일	06월 10일	06월 11일		
b r e a k f a s t	Seaweed soup White rice * kimchi fried rice lo Fried egg 1 Chicken nuggets Stir-fried ham and fish cake vegetable salad cabbage kimchi Toast * Jam Cereal * milk	Soybean Paste Soup Black rice Fried egg 1 Grilled chicken Stir-fried eggplants vegetable salad cabbage kimchi Toast * Jam Cereal * Yogurt	Soybean Paste Soup White rice * Stir-fried vegetable ham lo Fried egg 1 Stir-fried pork lo fresh kimchi vegetable salad cabbage kimchi Toast * Jam Cereal * milk	bean sprout soup White rice * Curry fried rice lo Fried egg 1 Grilled pork balls lo Grilled tofu vegetable salad cabbage kimchi Toast * Jam Cereal * Yogurt	Tofu dried pollack soup White rice * Seaweed seasoned rice Fried egg 1 Stir-fried ham and vegetables Fried dumplings vegetable salad cabbage kimchi Toast * Jam Cereal * milk	Soybean Paste Soup Black rice Fried egg 1 Hamburger steak lo Grape pudding vegetable salad cabbage kimchi Toast * Jam Cereal * milk	Kimchi Tofu Soup Black rice Fried egg 1 blanched broccoli 15 blanched broccoli vegetable salad cabbage kimchi Toast * Jam Cereal * milk		
	L u n c h	Black rice Seaweed soup Fish cutlets Braised radish Seasoned crown daisy tofu Tartar Sauce cabbage kimchi	Black rice Soybean Paste Soup Stir-fried pork with kimchi lo steamed tofu Stir-fried zucchini Braised black beans cabbage kimchi	Black rice Soybean Paste Soup Pineapple Hambag lo Pasta gratin lo Green Bean stir-fried pork Pickle jalapeno cabbage kimchi	Black rice bean sprout soup Stir-fried dried radish greens with pork 10 spring roll Stir-fried bok choy mushroom seasoned garlic stems cabbage kimchi	Black rice Tofu dried pollack soup cabbage greens lo japchae with pork lo cabbage greens radish greens cabbage kimchi	Black rice Soybean Paste Soup Kimchi tomato meatball lo glazed sweet potatoes Bean Sprout Salad seasoned dried radish cabbage kimchi	Black rice Kimchi Tofu Soup assorted tteokbokki lo Fried dumplings lo Stir-fried dried fish Pickled Radish Salad cabbage kimchi	
		코 너	Chinese Bibimbap lo Mini steamed bun		Rice with flying fish roe hot dog	Cold Buckwheat Noodles fried tofu sushi	Rice with pork cutlet lo Yogurt		
			D i n n e r	Black rice Squid and Radish Soup 17 Rice with Rose Vienna lo Okonomiyaki dumpling lo young radish greens Pickled radish cabbage kimchi	Black rice Shrimp Seaweed Soup 17 Curry Rice lo Mini pork cutlet lo Stir-fried dried fish seasoned dried radish cabbage kimchi	Black rice Dongchimi Cold Soup Boiled quail eggs with pork sauce lo Fish cake tteokbokki and braised ham lo cabbage greens small noodle cabbage kimchi	Black rice Pork Back-bone Stew lo marinated mackerel 7 Braised tofu cucumber macaroni salad Braised black beans cabbage kimchi	Black rice Dumpling soup lo Spicy chicken nuggets 15 Seasoned broccoli laver Seasoned perilla leaves cabbage kimchi	Black rice Soybean Paste Soup Teriyaki stir-fried pork lo soft tofu Mugwort leaves Pickled Cucumbers cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.계란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut