



| | 05월 29일 | 05월 30일 | 05월 31일 | 06월 01일 | 06월 02일 | 06월 03일 | 06월 04일 | | |
|---|---|--|--|---|--|--|--|--|--|
| b r e a k f a s t | Seaweed soup Black rice Fried egg l Chicken nuggets Stir-fried ham and fish cake vegetable salad cabbage kimchi Toast * Jam Cereal * milk | Udon soup White rice * Curry fried rice lo Fried egg l Grilled chicken Stir-fried eggplants vegetable salad cabbage kimchi Toast * Jam Cereal * Yogurt | Soybean Paste Soup White rice * Pork soy sauce rice lo Fried egg l Grilled pork balls lo Grilled tofu vegetable salad cabbage kimchi Toast * Jam Cereal * milk | Tofu dried pollack soup White rice * Stir-fried vegetable ham lo Fried egg l Stir-fried pork lo fresh kimchi vegetable salad cabbage kimchi Toast * Jam Cereal * Yogurt | bean sprout soup White rice * Seaweed seasoned rice Fried egg l seasoned dried fish Fried dumplings vegetable salad cabbage kimchi Toast * Jam Cereal * milk | Udon soup Black rice Fried egg l Hamburger steak lo Grape pudding vegetable salad cabbage kimchi Toast * Jam Cereal * milk | Tofu Kimchi Soup Black rice Fried egg l blanched broccoli 15 blanched broccoli vegetable salad cabbage kimchi Toast * Jam Cereal * milk | | |
| | L u n c h 저 녁 | Black rice Seaweed soup Soy Sauce Bulgogi lo stir-fried Rice Cake Seasoned crab meat cucumber seasoned garlic stems cabbage kimchi | Black rice Udon soup Mapa Tofu lo Dumplings with soy sauce lo Stir-fried ham and green bean lo Pickled radish cabbage kimchi | Black rice Soybean Paste Soup Bean Sprout Bulgogi lo Stir-fried mala fish cake vegetable stick Seasoned perilla leaves cabbage kimchi | Black rice Tofu dried pollack soup cheese meatball lo Cream Short Pasta lo cabbage greens braised beans cabbage kimchi | Black rice bean sprout soup Braised Backbone lo Cobb salad Stir-fried zucchini Seasoned red pepper cabbage kimchi | Black rice Udon soup Spicy soup with rice lo Pork cutlet lo Mugwort leaves seasoned dried radish cabbage kimchi | Black rice Tofu Kimchi Soup Stir-fried sundae with bean sprouts lo Seasoning croquette Seasoned seaweed lemon Braised lotus roots cabbage kimchi | |
| | | 코 너 | Vegetable and Tuna Bibimbap Twisted bread stick | Black-bean-sauce noodles lo Takokayki | Soft Tofu Soup lo fried vegetables | Kimchi ramen Egg morning bread | | | |
| | | | D i n n e r | Black rice Tofu Kimchi Soup Braised pork balls lo pork japchae lo seasoned dried fish Seasoned red pepper cabbage kimchi | Black rice Spicy chicken stew 15 Mini pork cutlet lo Rice noodles salad Seaweed bean sprouts laver cabbage kimchi | Black rice Udon soup Steamed sundae lo Tofu and sweet potato gangjeong seasoned dried fish laver / Fried kimchi cabbage kimchi | Black rice Maratang with pork lo Korean style meatball lo Seasoned cucumber pickles Bean Sprout Salad Powder made of mixed grains cabbage kimchi | Black rice Fish cake soup Sweet and sour pork lo Tteokbokki with soy sauce lo noodles vegetables / sauces cabbage kimchi | Black rice Soybean Paste Soup Red Chili Paste Pork Bulgogi lo spring roll Braised cabbage Pickled Cucumbers cabbage kimchi |

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.계란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut