



		05월 22일	05월 23일	05월 24일	05월 25일	05월 26일	05월 27일	05월 28일	
b r e a k f a s t		Seaweed soup White rice * Kimchi fried rice lo Fried egg l Chicken nuggets Stir-fried ham and fish cake vegetable salad cabbage kimchi Toast * Jam Cereal * milk	Udon soup White rice * Curry fried rice lo Fried egg l Grilled chicken Stir-fried eggplants vegetable salad cabbage kimchi Toast * Jam Cereal * Yogurt	Soybean Paste Soup White rice * Pork soy sauce rice lo Fried egg l Grilled pork balls lo Grilled tofu vegetable salad cabbage kimchi Toast * Jam Cereal * milk	Tofu dried pollack soup White rice * Stir-fried vegetable ham lo Fried egg l Stir-fried pork lo fresh kimchi vegetable salad cabbage kimchi Toast * Jam Cereal * Yogurt	Fried Tofu Kimchi Soup White rice * Seaweed seasoned rice Fried egg l seasoned dried fish Fried dumplings vegetable salad cabbage kimchi Toast * Jam Cereal * milk	Fish cake soup Black rice Fried egg l Hamburger steak lo Grape pudding vegetable salad cabbage kimchi Toast * Jam Cereal * milk	bean sprout soup Black rice Fried egg l blanched broccoli 15 blanched broccoli vegetable salad cabbage kimchi Toast * Jam Cereal * milk	
	L u n c h	저녁	Black rice Seaweed soup Rice with ham and kimchi lo teriyaki dumpling lo Cold jellyfish salad braised beans cabbage kimchi	Black rice Udon soup Spicy stir-fried pork lo Fried chicken cutlet 15 Stir-fried zucchini mushrooms Pickle jalapeno cabbage kimchi	Black rice Soybean Paste Soup Spicy stir-fried pork lo soft tofu Seasoned bean sprouts Seasoned perilla leaves cabbage kimchi	Black rice Tofu dried pollack soup Braised teriyaki Pork balls lo Fried mushrooms Ssam kelp seasoned dried radish cabbage kimchi	Black rice Fried Tofu Kimchi Soup Fried pollack Fish cake japchae Seasoned crown daisy tofu seasoned dried fish cabbage kimchi	Black rice Fish cake soup Rice cake and chicken balls 15 Kimchi and acorn jelly Bean sprouts lemon tea cabbage kimchi	Black rice bean sprout soup Curry and rice lo Stir-fried squid 17 Stir-fried zucchini seasoned dried radish cabbage kimchi
		코너	Grilled pork lo lettuce wrap	Braised butter pork with soy sauce lo Juicy Cool	Cold noodles with dongchimi Meat dumplingslo	Kimchi stew with pork lo Ssam kelp	old lunch box lo Jelly Po		
		D i n n e r	Black rice Beef bone soup lo braised pork with soy sauce lo Fried chili tofu Fried chili tofu Seasoned red pepper cabbage kimchi	Black rice Spicy Sausage Stew lo Meatball salad lo Matang with roots and vegetables seasoned dried fish Ramen noodles cabbage kimchi	Black rice bean sprout soup Cream hamburger steak lo Tteokbokki from Vienna lo young radish greens braised beans cabbage kimchi	Black bean sauce fried rice lo Spicy Sujebi Soup Pork cutlet lo jalapeno tuna salad Stir-fried wood ear mushrooms and cucumbers Pickled radish cabbage kimchi	Black rice cream soup Pork cutlet lo Jjolmyeon with vegetables Seaweed radish salad Crouton / Sauce cabbage kimchi	Black rice Seaweed soup Pickled cucumber lo Sweet and sour dumplings lo Spicy stir-fried pumpkin Pickled cucumber cabbage kimchi	Black rice Soybean Paste Soup Chicken nuggets 15 Braised Pork Tofu lo cabbage greens laver cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.계란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut