

	02월 27일	02월 28일	03월 01일	03월 02일	03월 03일	03월 04일	03월 05일		
breakfast	Seaweed soup White rice*Kimchi ham fried rice lo Fried egg 1 Roasted chicken 15 Spinach sprouts Stir-fried mushroom vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice*Curry fried rice lo Fried egg 1 Chicken cutlet 15 Grilled tofu braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup Black rice Fried egg 1 Grilled pork balls lo Fried dumplings lo Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Seaweed radish soup White rice*Vegetable ham and rice lo Fried egg 1 Spicy Stir-fried Pork lo Boiled potatoes Fresh kimchi vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	kimchi tofu soup White rice*Seasoned rice with seaweed lo Fried egg 1 Grilled Spam lo Mini pork cutlet lo seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	clear radish soup Black rice Fried egg 1 Stir-fried Vienna ketchup lo braised tofu braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	udon soup Black rice Fried egg 1 Chicken cutlet 15 dumplings Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6		
	lunch	Black rice Seaweed soup Meat spaghetti lo Mini pork cutlet lo braised beans jalapenos pickles cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Stir-fried pork lo Seasoned acorn jelly and vegetables seasoned seaweed and tofu Seasoned garlic stems cabbage kimchi lemon tea	Black rice bean sprouts soup Fish cutlets Korean japchae lo Stir-fried broccoli tartar sauce cabbage kimchi	Black rice Seaweed radish soup Mapa Tofu Rice lo Meatball rice cake. Sweet and sour lo Chinese cabbage greens Seasoned seaweed and lemon cabbage kimchi mixed grains	Black rice kimchi tofu soup Handmade Sweet and Sour Pork lo Fried konjac ball fish cake fresh vegetable salad Stir-fried anchovies with nuts cabbage kimchi crispy rice crust	Black rice clear radish soup Steamed monkfish Fried dumplings Stir-fried mushroom laver cabbage kimchi	Fried rice with seaweed and ham lo udon soup Chicken nuggets 15 Mexican salad lo Stir-fried seaweed braised beans cabbage kimchi	
		korea	soft tofu stew lo Takokayki	Hamburg omelet rice lo sugar twisted bread stick	3.1절	Korean sausage and rice soup Coolpis	Bean sprout ramen Rice burger		
			dinner	Black rice Pork Back-bone Stew lo Grilled curry mackerel 7 fresh vegetable salad Seasoned sesame leaves Pickled radish cabbage kimchi	Black rice cream soup Pork cutlet lo Fusili salad Stir-fried mushroom Crouton cabbage kimchi	Black rice dried pollack soup Stir-fried kimchi pork lo soft tofu Stir-fried seaweed braised beans cabbage kimchi	Bulgogi jalapeno fried rice lo udon soup Ham tteokbokki lo Tofu with soy sauce seasoned bean sprouts Yogurt cabbage kimchi	Black rice Soybean Paste Soup Stir-fried soondae and udon lo potato croquette Seasoned seaweed Seasoned dried radish cabbage kimchi	Black rice Seaweed soup Hambag lo Spicy noodles seasoned bean sprouts Seasoned dried fish cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬): 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) 닭(국내산) 고등어(국내산)

1. 계란류 egg 2. 우유 milk 3. 메밀 buckwheat 4. 땅콩 Peanut 5. 대두 Soybean 6. 밀 wheat 7. 고등어 Mackerel 8. 게 Crab 9. 새우 Shrimp 10. 돼지고기 Pork 11. 복숭아 Peach 12. 토마토 Tomato 13. 아황산류 sulfite 14. 호

두 walnut 15. 닭고기 chicken 16. 쇠고기 beef 17. 오징어 Squid 18. 조개류 shellfish (굴, 전복, 홍합 등) 19. 잣 pine nut