



	01월 30일	01월 31일	02월 01일	02월 02일	02월 03일	02월 04일	02월 05일
b r e a k f a s t	Seaweed soup White rice*Kimchi ham fried rice lo Fried egg 1 Roasted chicken 15 Spinach sprouts Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice*Curry fried rice lo Fried egg 1 Chicken cutlet 15 Grilled tofu seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup White rice*Soy sauce rice with pork lo Fried egg 1 Spicy Stir-fried Pork lo Boiled potatoes Fresh kimchi vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	clear radish soup White rice*Vegetable ham and rice lo Fried egg 1 Grilled pork balls lo Fried dumplings lo Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Kimchi tofu soup White rice*Seasoned rice with seaweed lo Fried egg 1 Grilled Spam lo Mini pork cutlet lo seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	clear radish soup Black rice Fried egg 1 Stir-fried Vienna ketchup lo braised tofu braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	udon soup Black rice Fried egg 1 Chicken cutlet 15 dumplings Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6
	Black rice Seaweed soup cream hamburg steak lo Kimchi pancake Stir-fried Green Bean Seasoned dried radish cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Stir-fried pumpkin and pork lo soft tofu Fresh kimchi seasoned seaweed cabbage kimchi mixed grains	Black rice bean sprouts soup Fried pollack Korean style meatball lo Seasoned konjac braised beans cabbage kimchi crispy rice crust	Black rice clear radish soup Spicy mushroom rice lo Meatball Rice Cake lo Cold pasta salad Seasoned lemon seaweed cabbage kimchi lemon tea	Black rice Kimchi tofu soup stir-fried spicy pork lo Fried pumpkin fish cake Corn salad Seasoned dried fish cabbage kimchi crispy rice crust	Kimchi ham fried rice lo clear radish soup Chicken nuggets 15 Sweet potatoes seasoned bean sprouts Pickled radish cabbage kimchi	Black rice udon soup Kimchi pork rice lo potato croquette Seasoned sesame leaves Pickled radish cabbage kimchi
	Galbi over rice lo Yogurt	Spicy meat noodles lo Pizza morning bread lo	Steamed rosé chicken 15 Vegetable fried rice	clam soft tofu stew lo steamed dumpling lo	Fried anchovy noodles Fried vegetables		
	Black rice boiled chicken soup 15 Mini pork cutlet lo Braised tofu plain noodles Seaweed salad cabbage kimchi	Black rice Spicy Sausage Stew lo Fried dumplings lo Rice cake japchae lo Seasoned dried fish Pickled cucumber cabbage kimchi	Black rice Seaweed soup Stir-fried bean sprouts pork lo Seasoned acorn jelly laver Seasoned sesame leaves cabbage kimchi	Black rice Mini udon hashed rice lo Stir-fried vegetables in Vienna lo Bread pudding Pickled radish cabbage kimchi	Black rice fish cake soup Seafood tteokbokki 17 Grilled Smoke Ham lo Stir-fried mushroom Seasoned dried radish cabbage kimchi	Black rice Soybean Paste Soup Sweet and sour pork lo Spicy noodles Stir-fried zucchini braised beans cabbage kimchi	Black rice Pumpkin sujebi soup stir-fried spicy pork lo Stir-fried fish cake Radish kimchi Seasoned garlic jjong cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬): 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) 닭(국내산) 고등어(국내산)

계란류egg 2, 우유milk 3, 메밀buckwheat 4, 땅콩Peanut 5, 대두Soybean 6, 밀Wheat 7, 고등어Mackerel 8, 게Crab 9, 새우Shrimp 10, 돼지고기Pork 11, 복숭아Peach 12, 토마토Tomato 13, 아황산류sulphite 14, 호

두walnut 15, 닭고기chicken 16, 쇠고기beef 17, 오징어Squid 18, 조개류shellfish (굴, 전복, 홍합 등) 19, 잣pine nut