



	01월 16일	01월 17일	01월 18일	01월 19일	01월 20일	01월 21일	01월 22일			
b r e a k f a s t	Seaweed soup White rice*Kimchi ham fried rice lo Fried egg l Roasted chicken 15 Spinach sprouts seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice*Curry fried rice lo Fried egg l Chicken cutlet 15 Grilled tofu Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup White rice*Soy sauce rice with pork l o Fried egg l Spicy Stir-fried Pork lo Boiled potatoes Fresh kimchi with chives vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	clear radish soup White rice*Vegetable ham and rice lo Fried egg l Grilled pork balls lo Fried dumplings lo Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Fish cake soup White rice*Seasoned rice with seaweed lo Fried egg l Grilled Spam lo Mini pork cutlet lo seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	udon soup Black rice Fried egg l Stir-fried Vienna ketchup lo braised tofu braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6				
	L u n c h 저 녁	Black rice Seaweed soup Sweet and Sour Pork lo Steamed fish cake and bean sprouts Stir-fried Green Bean Hamlo Seasoned pickled radish cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Stir-fried mushroom and pork lo Korean japchae Seaweed radish salad Cabbage wrap cabbage kimchi mixed grains	Black rice bean sprouts soup Meat spaghetti lo potato croquette Broccoli citron salad jalapeno pickle cabbage kimchi crispy rice crust	Black rice clear radish soup Ratatouille Meatball lo Fried vegetables Fresh kimchi Seasoned dried fish cabbage kimchi lemon tea	Black rice Fish cake soup Stir-fried kimchi pork lo soft tofu Stir-fried fish cake with garlic stems seasoned bean sprouts cabbage kimchi crispy rice crust	Fried rice with flying fish roe udon soup Sweet and sour dumplings lo Spicy stir-fried rice cake Pickled radish Seaweed cabbage kimchi			
		D i n n e r	Kimchi ham pork stew lo Hand-made meat dumpling lo	black bean noodles lo Mini honey bread	Chicken mayo over rice!5 Yogurt	Rice topped with butter and soy sauce lo Salad bread		설날 휴무		
			Black rice Beef bone rice cake soup lo Steamed soft tofu egglo Sweet potatoes Seasoned cabbage with soybean paste Seasoned dried fish cabbage kimchi	Black rice Mara soup Braised meat balls lo Garlic butter dumplings Stir-fried zucchini braised beans cabbage kimchi	Black rice Bean paste soup with pumpkin Bean sprout bulgogi lo weet and sour tofu radish greens Seasoned sesame leaves cabbage kimchi	Black rice udon soup Curry and rice lo Jjolmyeon with vegetables cabbage greens Pickled cucumber cabbage kimchi	Black rice Tofu kimchi soup Fish cutlets Pusili salad seasoned bean sprouts tartar sauce cabbage kimchi	Black rice Kimchi sujebi soup Korean style meatball lo Braised Shrimp Radish Stir-fried ham and potatoes lo braised beans cabbage kimchi		

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)
 1. 케란류egg 2. 우유milk 3. 메밀buckwheat 4. 땅콩Peanut 5. 대두Soybean 6. 밀Wheat 7. 고등어Mackerel 8. 게Crab 9. 새우Shrimp 10. 돼지고기Pork 11. 복숭아Peach 12. 토마토Tomato 13. 아황산류sulphite 14. 호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut