

|   | 01월 09일   | 01월 10일  | 01월 11일  | 01월 12일  | 01월 13일   | 01월 14일  | 01월 15일  |   |  |
|---|---|--|--|--|---|--|--|---|--|
| b<br>r<br>e<br>a<br>k<br>f<br>a<br>s<br>t | Seaweed soup<br>White rice*Kimchi ham fried rice lo<br>Fried egg 1<br>Roasted chicken 15<br>Spinach sprouts<br>seasoned bean sprouts<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | Soybean Paste Soup<br>White rice*Curry fried rice lo<br>Fried egg 1<br>Chicken cutlet 15<br>Grilled tofu<br>Seasoned dried fish<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | bean sprouts soup<br>White rice*Soy sauce rice with pork lo<br>Fried egg 1<br>Spicy Stir-fried Pork lo<br>Boiled potatoes<br>Fresh kimchi with chives<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | clear radish soup<br>White rice*Vegetable ham and rice lo<br>Fried egg 1<br>Grilled pork balls lo<br>Fried dumplings lo<br>Pickled radish<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | Kimchi tofu soup<br>White rice*Seasoned rice with seaweed lo<br>Fried egg 1<br>Grilled Spam lo<br>Mini pork cutlet lo<br>seasoned bean sprouts<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | clear radish soup<br>Black rice<br>Fried egg 1<br>Stir-fried Vienna ketchup lo<br>braised tofu<br>braised beans<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 | udon soup<br>Black rice<br>Fried egg 1<br>Chicken cutlet 15<br>dumplings<br>Seasoned dried fish<br>vegetable salad<br>cabbage kimchi<br>cereal* milk 2.6<br>Toast* jam 6 |   |  |
|   | l<br>u<br>n<br>c<br>h<br>e<br>n<br>n<br>o<br>o<br>d<br>l<br>e<br>s  | Black rice<br>Seaweed soup<br>Stir-fried pork lo<br>Vegetable corn pancake<br>cabbage greens<br>braised beans<br>cabbage kimchi<br>crispy rice crust   | Black rice<br>Soybean Paste Soup<br>Mapa Tofu Rice lo<br>Mini pork cutlet lo<br>Fresh kimchi<br>seasoned bean sprouts<br>cabbage kimchi<br>mixed grains  | Black rice<br>bean sprouts soup<br>Braised Pork Balls with Vegetables lo<br>Fried mushroom tofu<br>Seaweed pasta salad<br>Seasoned dried fish<br>cabbage kimchi<br>crispy rice crust                               | Black rice<br>clear radish soup<br>Spicy stir-fried pork lo<br>Braised Shrimp Radish<br>Seasoned tofu and crown daisy<br>Stir-fried zucchini<br>cabbage kimchi<br>lemon tea   | Black rice<br>Kimchi tofu soup<br>Fish cutlets<br>Cream pasta lo<br>Stir-fried vegetable fish cake<br>tartar sauce<br>cabbage kimchi<br>crispy rice crust                                | Black rice<br>clear radish soup<br>Black bean rice lo<br>Grilled Pork Balls lo<br>Seasoned cabbage<br>Seasoned pickled radish<br>cabbage kimchi                          | Black rice<br>udon soup<br>Vegetable noodles<br>potato croquette<br>Mini steamed bun<br>Pickled radish<br>cabbage kimchi    |  |
|   |   | k<br>n<br>o<br>o<br>d<br>l<br>e<br>s   | Nagasaki Noodles lo<br>Meat dumpling lo  | Fried egg rice 1<br>Fried chicken 15   | Rice with flying fish roe<br>Twisted bread stick  | Boiled pork rice noodles lo<br>Rice ball   | Chicken gomtang * noodles 15<br>Yogurt   |   |  |
|   |   |  | d<br>i<br>n<br>n<br>e<br>r   | Black rice<br>Pork backbone stew lo<br>Stir-fried bean sprouts and sun daelo<br>soft tofu<br>Stir-fried seaweed<br>Seasoned garlic stems<br>cabbage kimchi   | Black rice<br>Seaweed soup<br>Stir-fried pork with rice cake lo<br>spicy spring rolls<br>Spinach sprouts<br>Seasoned sesame leaves<br>cabbage kimchi  | Black rice<br>Korean noodle soup lo<br>Braised assorted soybean paste lo<br>Chili dumplings lo<br>seasoned bean sprouts<br>braised beans<br>cabbage kimchi                               | Black rice<br>cream soup<br>Sweet and sour pork lo<br>Ham tteokbokki lo<br>Stir-fried mushrooms<br>Pickled cucumber<br>cabbage kimchi                                    | Black rice<br>udon soup<br>Korean style meatball lo<br>Radish kimchi<br>vegetable<br>Seaweed / Fried eggs<br>cabbage kimchi | Black rice<br>Soybean Paste Soup<br>Stir-fried pork and kimchi lo<br>Fish cake japchae<br>Wraps with kelp<br>braised beans<br>cabbage kimchi |

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계란류egg 2. 우유milk 3. 메밀buckwheat 4. 땅콩Peanut 5. 대두Soybean 6. 밀Wheat 7. 고등어Mackerel 8. 게Crab 9. 새우Shrimp 10. 돼지고기Pork 11. 복숭아Peach 12. 토마토Tomato 13. 아황산류sulphite 14. 호

두 walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut