한빛케터링 12월 o5일~12월 11일



GIST's 2nd Student Restaurant Weekly Meal Table





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		12월 05일	12월 06일	12월 07일	12월 08일	12월 09일	12월 10일	12월 11일
		Seaweed Soup	Soybean Paste Soup	Seaweed Radish Soup	udon Soup	Kimchi Soup	clear radish soup	Soybean Paste Soup
k o		White rice*Kimchi ham fried rice lo	White rice*Seasoned rice with seawe ed lo	White rice*Curry fried rice lo	White rice*Chili Bean Sauce fried rice lo	White rice*Vegetable ham and ri ce lo	Black rice	Black rice
		Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l	Fried egg l
	e	Hamburg steak lo	Spicy Stir-fried Pork 10	Chicken cutlet 15	Roasted chicken 15	Braised Quail Eggs with Pork 10	Pork cutlet 10	Stir-fried Vienna ketchup lo
	a f	steamed dumpling lo	Acorn jello	Grilled tofu	Spinach sprouts	Mini pork cutlet	braised tofu	Fried dumplings
	α.	Pickled cucumber	Fresh kimchi with chives	Seasoned dried fish	Pickled radish	seasoned bean sprouts	Green grape pudding	laver
	t	vegetable Salad	vegetable Salad	vegetable Salad	vegetable Salad	vegetable Salad	vegetable Salad	vegetable Salad
		cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
		cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6
		Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam c	Toast* jam 6	Toast* jam 6	Toast* jam 6
		Black rice	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice
		Seaweed Soup	Soybean Paste Soup	Seaweed Radish Soup	udon Soup	Kimchi soup	clear radish soup	Soybean Paste Soup
Lunch		Stir-fried kimchi pork 10	Assorted Mushroom Ricelo	Green onion pork ball lo	curried rice lo	pork chops lo	Fine Hamburg Steak 10	Stir-fried Spicy pork 10
	저	soft tofu	Stir-fried squid noodles 17	Fried Sweet potatoes	Chicken salad 15	Steamed fish cake with bean spr outs	Chili Fusili	Sweet and sour tofu
	4	Stir-fried mushrooms	Stir-fried vegetable fish cake	Broccoli ham bread	Seasoned vegetables	Fresh kimchi in spring	Spinach sprouts	radish greens
		braised beans	Seasoned garlic stems	Pickled radish	Seasoned dried fish	Salted SeaweedS and Squid	Seasoned perilla leaf	SeaSoned red pepper
		cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
		crispy rice crust	mixed grainS	crispy rice crust	lemon tea	crispy rice crust		
	코 너	Uni Black Bean Noodles 10	Boiled pork 10	soft tofu stew lo	Braised Spicy Chicken 15	Pork butter stone pot rice 10		
	너	Fried dumplings	Ssam vegetables	Apple juice	Yogurt	Jelly		
i		Black rice	Black rice	Black rice	ham fried rice lo	Black rice	Black rice	Black rice
	D	Pork back-bone stew lo	boiled chicken Soup 15	bean Sprouts Soup	Fish Cake Soup	bean Sprouts Soup	Seaweed soup	Pumpkin Sujebi Soup
	i	Steamed sundae 15	Korean Style meatball 10	Pork belly bulgogi lo	Chili Sweet and Sour Pork 10	Stir-fried oyster sauce udon lo	Steamed monkfish	Ratatoville Meatball 10
	n h	Sweet potato Salad	Spring roll	Glazed Sweet potatoes	Stir-fried Spicy Noodles	Garlic dumplings lo	Vegetable croquette	Spicy braised radish
	r	SeaSoned bean sprouts	Noodles	Stir-fried pumpkin	Seasoned dried fish	Mexican Salad	laver	Stir-fried ham and potatoes
		Seasoned dried fish	braised beans	Pickled cucumber	Pickled radish	Pickled radish	Seasoned garlic stems	Seasoned dried fish
		cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
	J			h	and the second			

쌀(국내산) 배추김치(국,찌개,볶음,반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈떠(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

🖊 계란류egg 2.우유mîlk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean b.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrîmp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulgîte 14.호 두walnut 15. 닭고기chicken 1b. 쇠고기beef 17. 호장어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut