



	11월 21일	11월 22일	11월 23일	11월 24일	11월 25일	11월 26일	11월 27일		
b r e a k f a s t	Seaweed soup White rice*Kimchi ham fried rice lo Fried egg 1 Hamburg steak lo braised potatoes Pickled cucumber vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup White rice*Seasoned rice with seaweed lo Fried egg 1 fried chicken 15 Stir-fried mushrooms Fresh kimchi with chives vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Kimchi soup White rice*Curry fried rice lo Fried egg 1 Chicken cutlet 15 Grilled tofu Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Seaweed Radish Soup White rice*Chili Bean Sauce fried rice lo Fried egg 1 Spicy Stir-fried Pork lo Spinach sprouts Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice*Vegetable ham and rice lo Fried egg 1 Grilled Spam lo steamed dumpling lo seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	udon soup Black rice Fried egg 1 Pork cutlet lo Steamed sweet pumpkin Green grape pudding vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup Black rice Fried egg 1 Stir-fried Vienna ketchup lo Mini pork cutlet laver vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6		
	l u n c h	Black rice Seaweed soup Meat spaghetti lo Fried chicken cutlet 15 Stir-fried mushroom fish cake braised beans cabbage kimchi crispy rice crust	Black rice bean sprouts soup Cabbage bulgogi lo Seaweed pancake Seasoned cucumber chives Seasoned garlic cabbage kimchi mixed grains	Black rice Kimchi soup Rice topped with soybean paste lo Fried sweet potato pumpkin Stir-fried ham and broccoli Radish salad cabbage kimchi crispy rice crust	Black rice Seaweed Radish Soup Braised Back Ribs lo Sweet and sour tofu Seasoned balloon flower with citron Pickled radish cabbage kimchi lemon tea	Black rice Soybean Paste Soup Fish cutlets Bean sprout japchae seasoned vegetables Pickled cucumber cabbage kimchi crispy rice crust	Black rice udon soup curried rice lo Vegetable mixed noodles seasoned bean sprouts Pickled radish salad cabbage kimchi	Black rice bean sprouts soup Spicy Stir-fried Pork lo Vegetable croquette Stir-fried mushrooms fresh cabbage cabbage kimchi	
		코 너	Chicken mayo rice with rice 15 Yogurt	Spicy jjamppong noodles lo hot dog lo	Stir-fried pork bulgogi lo Juicy Cool	Hamburg Steak Meal lo Jelly	Kimchi ramen Little kimbap lo		
			D e e n t	Black rice Chicken porridge 15 Korean meatball lo braised radish with shrimp seasoned bean sprouts Seasoned perilla leaf cabbage kimchi	Tuna mayo rice udon soup Stir-fried ham lo Chili dumpling lo Green onion baguette Pickled radish cabbage kimchi	Black rice Soybean Paste Soup assorted braised soybean paste lo Steamed vegetable eggsl crown daisy greens Seasoned dried radish cabbage kimchi	Black rice Fish Cake Soup Spicy Stir-fried Chicken 15 Glazed sweet potatoes Stir-fried seaweed stem braised beans cabbage kimchi	Black rice bean sprouts soup Bulgogi with soy sauce lo Spring roll fresh cabbage Seasoned garlic stems cabbage kimchi	Kimchi ham fried rice lo clear radish soup Fresh Sweet and Sour Pork lo Spicy tteokbokki Seasoned dried fish laver cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulphite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut