



	10월 31일	11월 01일	11월 02일	11월 03일	11월 04일	11월 05일	11월 06일		
breakfast	Kimchi tofu soup White rice*Kimchi ham fried rice lo Fried egg 1 Chicken Nuggets 15 Stir-fried eggplant Seasoned perilla leaf vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Clear tofu soup White rice*Curry fried rice lo Fried egg 1 Fish cutlets soft tofu Pickled cucumber vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Seaweed soup White rice* Pork and soy sauce rice Fried egg 1 fried chicken 15 Stir-fried mushrooms laver vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice*Seasoned rice with seaweed lo Fried egg 1 Spicy Stir-fried Pork lo braised potatoes braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup White rice*Vegetable ham and rice lo Fried egg 1 Braised meatballs lo Fried dumplings lo Seasoned perilla leaf vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Kimchi tofu soup Black rice Fried egg 1 Chicken cutlet 15 Seasoned perilla leaf Green grape pudding vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	dried pollack soup Black rice Fried egg 1 Stir-fried vegetables in Vina lo Vegetable croquette seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6		
	lunch	Black rice udon soup Shrimp cutlet 9 Braised Tofu Seasoned seaweeds with crab meat braised beans cabbage kimchi crispy rice crust	Black rice Clear tofu soup Bulgogi with soy sauce lo Glazed sweet potatoes Steamed fish cake with bean sprouts Seasoned dried radish cabbage kimchi mixed grains	Black rice Seaweed soup braised pollack zucchini pancake Yogurt Cobb Salad Pickled radish cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Seasoned Chicken Ball 15 Seasoned squid 17 Noodles Seasoned perilla leaf cabbage kimchi lemon tea	Black rice bean sprouts soup Bean sprout bulgogi lo Fried eggplants steamed tofu Seasoned garlic cabbage kimchi crispy rice crust	Black rice Kimchi tofu soup Fresh Sweet and Sour Pork lo Spicy noodles Stir-fried ham green bean Seasoned dried fish cabbage kimchi	Black rice dried pollack soup Mapa Tofu Rice Bowl lo Mini pork cutlet lo seasoned bean sprouts Pickled cucumber cabbage kimchi	
		korea	Rose jjimdak fried rice 15 Yogurt	Spicy meat noodles lo Radish rice balls	Rice topped with pork lo Apple juice	Jajang japchae rice lo Fried dumplings lo	omelet rice lo Pizza morning bread lo		
			dinner	Black rice soft tofu stew Spicy mushroom rice lo Seasoned pork and vegetables lo dried radish greens seasoned bean sprouts cabbage kimchi	Black rice udon soup Cream hamburger lo Japchae pastalo Stir-fried mushrooms Seasoned dried fish cabbage kimchi	Black rice bean sprouts soup braised tomato pork lo Vegetable croquette Stir-fried vegetable fish cake Bread churros cabbage kimchi	Rice with bean sprouts Fish Cake Soup Boiled pork with quail eggs lo Assorted Tteokbokki Stir-fried shiitake Radish salad cabbage kimchi	Black rice Soybean Paste Soup Popcorn chicken 15 Stir-fried oyster sauce udon Seasoned seaweed braised beans cabbage kimchi	Black rice Seaweed soup Stir-fried sundae and vegetables lo Fish cake and japchae Seasoned acorn jelly and vegetables Stir-fried seaweed stem cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬): 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) 닭(국내산) 고등어(국내산)

계란류 egg 2, 우유 milk 3, 메밀 buckwheat 4, 땅콩 Peanut 5, 대두 Soybean 6, 밀 wheat 7, 고등어 Mackerel 8, 게 Crab 9, 새우 Shrimp 10, 돼지고기 Pork 11, 복숭아 Peach 12, 토마토 Tomato 13, 아황산류 sulfite 14, 호

두 walnut 15, 닭고기 chicken 16, 쇠고기 beef 17, 오징어 Squid 18, 조개류 shellfish (굴, 전복, 홍합 등) 19, 잣 pine nut