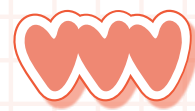


한빛캐터링  
10월 24일~10월 30일

# GIST's 2nd Student Restaurant Weekly Meal Table



	10월 24일	10월 25일	10월 26일	10월 27일	10월 28일	10월 29일	10월 30일		
b r e a k f a s t	Soybean Paste Soup White rice*Seasoned rice with seaweed lo Fried egg 1 Chicken Nuggets 15 Stir-fried eggplant Seasoned perilla leaf vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup White rice*Curry fried rice lo Fried egg 1 Fish cutlets Stir-fried mushrooms laver vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	dried pollack soup White rice* Pork and soy sauce rice Fried egg 1 fried chicken 15 Stir-fried green bean vegetables seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	udon soup White rice*Kimchi ham fried rice lo Fried egg 1 Spicy Stir-fried Pork lo braised potatoes braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Kimchi tofu soup White rice*Vegetable ham and rice lo Fried egg 1 Grilled Spam lo Fried dumplings lo Seasoned perilla leaf vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Fish Cake Soup Black rice Fried egg 1 Chicken cutlet 15 Seasoned perilla leaf Green grape pudding vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup Black rice Fried egg 1 Stir-fried vegetables in Vienna lo Vegetable croquette seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6		
	l u n c h	Black rice Soybean Paste Soup Soft Tofu Mapa Rice lo Fried sweet potatoes Broccoli Black Sesame Seasoning braised beans cabbage kimchi crispy rice crust	Black rice bean sprouts soup Stir-fried pumpkin pork lo Bibim Spring Long cabbage wrap Seasoned dried radish cabbage kimchi mixed grains	Black rice dried pollack soup Spicy pork over rice lo Sweet and sour dumplings lo Stir-fried crab mushrooms Pickled radish cabbage kimchi crispy rice crust	Black rice udon soup Meat spaghetti lo Mini pork cutlet lo Stir-fried green bean jalapeno pickles cabbage kimchi 레몬티	Black rice Kimchi tofu soup pork with soy sauce lo Stir-fried ham and vegetables lo Seasoned seaweed lemon Seasoned garlic cabbage kimchi crispy rice crust	Black rice Fish Cake Soup Pineapple hamburger steak lo stir-fried Rice Cake Stir-fried zucchini seasoned red pepper cabbage kimchi	Black rice Soybean Paste Soup Steamed monkfish Stir-fried fish cake Stir-fried dried laver Seasoned dried fish cabbage kimchi	
		코 너	Kimchi Fried Rice lo*Fried egg 1 hot dog lo	Pork Cutlet lo*Cream Soup Shrimp chips * Yogurt	Banquet noodles Tuna kimchi rice burger	Kimchi ham meat stew lo Apple juice	old lunch box lo Sweet red bean morning bread		
			D i n n e r	Black rice Sujebi dumpling soup lo Rozé Meatball Boiled lo soft tofu Stir-fried pumpkin fish cake seasoned bean sprouts cabbage kimchi	Black rice Spicy Sausage Stew lo Steamed sundae lo Macaroni cream pasta Seasoned dried fish Mini steamed buns cabbage kimchi	Black rice Soybean Paste Soup Grilled mackerel curry 7 braised tofu Cabbage greens Radish salad cabbage kimchi	Black rice bean sprouts soup Stir-fried kimchi and spicy pork lo mustard japchae lo seasoned crown daisy tofu Seasoned perilla leaf paper cabbage kimchi	Black rice Seaweed soup Meat balls with soy sauce lo Vegetable mixed noodles Bok choy braised seasoned bean sprouts cabbage kimchi	Black rice Beef bone rice cake soup Braised Backbone with Soy Sauce lo Glazed sweet potatoes seasoned bean sprouts Ssam kelp cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut