



	10월 17일	10월 18일	10월 19일	10월 20일	10월 21일	10월 22일	10월 23일		
breakfast	bean sprouts soup White rice*Kimchi ham fried rice lo Fried egg 1 Chicken Nuggets 15 braised potatoes Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Seaweed soup White ric*Curry fried rice lo Fried egg 1 Stir-fried meatball teriyaki lo Boiled dumplings lo Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice* Pork and soy sauce rice Fried egg 1 fried chicken 15 Grilled tofu braised beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	udon soup White rice*Vegetable ham and rice lo Fried egg 1 Boiled Quail Eggs with Pork 1.lo fresh cabbage seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	dried pollack soup White rice * Oyster sauce fried rice lo Fried egg 1 Grilled Spam lo Stir-fried eggplant Seasoned perilla leaf paper vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup Black rice Fried egg 1 Chicken cutlet 15 seasoned red pepper Green grape pudding vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	udon soup Black rice Fried egg 1 Braised Vienna quail eggs 1.lo Vegetable croquette seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6		
	lunch	Black rice bean sprouts soup Rice topped with soybean paste lo Grilled meat and vegetables lo Seasoned cucumbers with bell lower roots braised beans cabbage kimchi crispy rice crust	Black rice Seaweed soup Hamburg steak lo Rose spaghetti lo Stir-fried green bean Seasoned dried radish cabbage kimchi mixed grains	Black rice Soybean Paste Soup Fish cutlets stir-fried Rice Cake Cabbage corn salad Pickled radish cabbage kimchi crispy rice crust	Black rice udon soup curried rice lo Soy sauce dumplings lo Stir-fried mushrooms seasoned red pepper cabbage kimchi	Black rice dried pollack soup Bean sprouts, soy sauce, pork lo Glazed sweet potatoes Stir-fried zucchini Seasoned garlic cabbage kimchi crispy rice crust	Black rice bean sprouts soup Steamed chicken 15 fried spring rolls Cabbage greens Seasoned perilla leaf paper cabbage kimchi	Black rice udon soup Pork cutlet lo Kimchi noodles Stir-fried fish cake Seasoned dried fish cabbage kimchi	
		korea	Uni Black Bean Noodles lo Apple juice	Spicy Chicken Bibimbap 15 Hand-made meat dumplings lo	soft tofu stew lo Twisted sugar	Spicy grilled chicken 15 Yogurt	Kimchi ramen Pork cutlet gimhap lo		
			dinner	Black rice Soybean Paste Soup Kimchi sweet and sour pork lo soft tofu Seasoned perilla leaf paper Garlic baguette cabbage kimchi	Black rice rice cake soup lo Onion Popcorn Chicken 15 seasoned bean sprouts Cabbage greens Seasoned dried fish cabbage kimchi	Flying fish roe fried rice udon soup Korean style meatball lo Vienna rice cake Seasoned dried radish seasoned bean sprouts cabbage kimchi	Black rice Braised Fish Cake Soup Mini pork cutlet lo Spicy braised tofu Rice noodle salad Stir-fried seaweed stem cabbage kimchi	Black rice Spicy Kimchi soup Braised Back Ribs lo braised radish with shrimp Fresh kimchi with chives seasoned seaweed cabbage kimchi	Rice with bean sprouts lo Soybean Paste Soup Pink Sausage pancake lo Braised konjac mushrooms Pickled radish laver cabbage kimchi

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1. 계란류egg 2. 우유milk 3. 메밀buckwheat 4. 땅콩Peanut 5. 대두Soybean 6. 밀Wheat 7. 고등어Mackerel 8. 게Crab 9. 새우Shrimp 10. 돼지고기Pork 11. 복숭아Peach 12. 토마토Tomato 13. 아황산류sulphite 14. 호

두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut