



	10월 10일	10월 11일	10월 12일	10월 13일	10월 14일	10월 15일	10월 16일
b r e a k f a s t	Spicy Kimchi soup	Soybean Paste Soup	Seaweed soup	bean sprouts soup	Fish cake soup	dried pollack soup	bean sprouts soup
	Black rice	White ric*Curry fried rice lo	White rice* Pork and soy sauce rice	White rice*Vegetable ham and ric e lo	White rice * Oyster sauce fried rice lo	Black rice	Black rice
	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1	Fried egg 1
	Chicken Nuggets15	Stir-fried pork 1o	Hamburg steak 1o	fried chicken 15	Teriyaki Pork balls 1o	Chicken cutlet 15	Grilled Smoke Ham 1o
	Seasoned perilla leaf paper	Stir-fried green bean	Grilled tofu	Stir-fried eggplant	Stir-fried Rice Cake with Ham 1o	Acorn jello	Boiled dumplings 1o
	Green grape pudding	Pickled radish	Dried radish seasoning	seasoned bean sprouts	Braised black beans	seasoned bean sprouts	seasoned red pepper
	vegetable salad	vegetable salad	vegetable salad	vegetable salad	vegetable salad	vegetable salad	vegetable salad
	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi
	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6	cereal* milk 2.6
	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6	Toast* jam 6
L u n c h	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice	Black rice
	Spicy Kimchi soup	Soybean Paste Soup	Seaweed soup	bean sprouts soup	Fish cake soup	dried pollack soup	bean sprouts soup
	Sweet and Sour Pork 1o	Soft Tofu 1Mapa Rice 1o	Bulgogi with glass noodles 1o	Dried pollack with soy sauce	Spicy stir-fried chicken 15	Fish cutlets	Braised tomato meatballs 1o
	braised radish	Stir-fried Rice Cake with soy sauce 1o	Fried mushrooms	steamed dumpling 1o	Braised konjac mushrooms	Spicy noodles	cream macaroni
	seasoned red pepper	Broccoli Black Sesame Seasoning	Seasoned perilla leaf paper	Stir-fried zucchini	Seaweed and cold vegetables	Stir-fried mushrooms	Stir-fried fish cake
vegetable salad	vegetable salad	vegetable salad	vegetable salad	vegetable salad	vegetable salad	vegetable salad	
cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	
	crispy rice crust		Plum tea	crispy rice crust			
C o n n	한글날 대체휴일	Green onion pork cutlet 1o	Chicken rice noodles 15	Pork and butter bibimbap 1o	buckwheat noodles		
		cream soup* yogurt	Takokayki	Juicy Cool	fried tofu sushi		
D e e n t	Black rice	Black rice	Black rice	Black rice	white rice/self-bibimbap	Black rice	Vegetable ham and rice 1o
	bean sprouts soup	backbone stew 1o	Spicy jjamppong soup 1o	Seaweed soup	Soybean Paste Soup	Kimchi Sujebi Soup	Udon soup
	Stir-fried meatball barbecue 1o	Braised mackerel with radish 7	Stir-fried sundae and vegetables 1o	Stir-fried kimchi pork 1o	Stir-fried vegetables in Vienna 1o	Seasoned Chicken Bowl 15	Pork cutlet 1o
	Glazed sweet potatoes	Vegetable croquette	Fried vegetables	tofu	Seasoned radish	Assorted Tteokbokki 1o	Green Bean Ham Boiled 1o
	Fresh kimchi with chives	Braised black beans	Cabbage greens	Stir-fried seaweed stem	Seasoned vegetable bean sprouts	Stir-fried potato salad	Dried radish seasoning
Seasoned dried fish	Noodles	Pickled radish	Braised black beans	Fried Eggs 1	seasoned red pepper	Seasoned dried fish	
cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	cabbage kimchi	

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1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulphite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut