



breakfast

lunch

snack

dessert

	08월 22일	08월 23일	08월 24일	08월 25일	08월 26일	08월 27일	08월 28일
breakfast	Udon soup White ric*Kimchi fried rice lo Fried egg l Stir-fried pork lo Stir-fried mushrooms Braised lotus root vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White ric*Curry fried rice lo Fried egg l Pork cutletlo boiled quail eggs l Seasoned dried radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Fish cake soup White rice * Oyster sauce fried rice lo Fried egg l fried chicken 15 Stir-fried green bean Braised black beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Seaweed soup White rice*Vegetable ham and rice lo Fried egg l Stir-fried vegetables in Vienna lo corn cheese Apple juice vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Kimchi soup White rice* Pork and soy sauce rice Fried egg l Stir-fried soy sauce pork lo Acorn jello Stir-fried seaweed stem vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Spicy radish soup Black rice Fried egg l Mini pork cutlet lo Soft tofu laver vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprout soup Black rice Fried egg l Chicken nuggets 15 Vegetable croquette Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6
lunch	Black rice Udon soup Meat spaghetti lo Chicken cutlet salad 15 Bread churros jalapeno pickles cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Braised Back Ribs lo Braised shrimp with radish Seasoned seaweed and tofu Garlic stem seasoning cabbage kimchi Plum tea	Black rice Fish cake soup kimchi Hamburg lo Cream tteokbokki Stir-fried potatoes Seasoned cabbage cabbage kimchi Lemon tea	Black rice Seaweed soup fried chicken 15 Soft tofu seasoned konjac vegetables seasoned bracken cabbage kimchi crispy rice crust	Black rice Kimchi soup Black Bean with Rice lo Red pepper mayo meatball lo Seasoned perilla leaf paper Dried radish cabbage kimchi mixed grains	Black rice Spicy radish soup Stir-fried pork with red pepper paste lo Fried dumplings lo Seasoned radish Steamed cabbage cabbage kimchi	Black rice bean sprout soup Korean style meatballlo Stir-fried udon with oyster sauce Stir-fried green bean Seasoned perilla leaf paper cabbage kimchi
snack	Pork stew lo Juicy Cool	Spicy vegetable pork bibimbap lo Twisting sugar	Cold Noodles Stir-fried pork lo	Fried rice with eggs l Sweet potato cup cake	Pork hot pot lo Yogurt		
dessert	Black rice Clear dumpling soup Braised Spicy Chicken15 Braised konjac Fried cucumber salad Braised black beans cabbage kimchi	Flying fish roe rice Udon soup pork with soy sauce lo Spicy ramen stir-fried Macaroni salad Pickled radish cabbage kimchi	Black rice Cream soup Fish cutlets Braised mushroom tofu Stir-fried seaweed stem cabbage salad cabbage kimchi	Black rice bean sprout soup Pork chop Bibim spring rolls Steamed eggplant Pickled radish cabbage kimchi	Black rice sujebi soup Chicken balls 15 Cold pasta fresh vegetable salad Seasoned bean sprouts cabbage kimchi	Black rice Seaweed soup Grilled meatballs lo vegetable noodles Stir-fried mushrooms Sliced kelp cabbage kimchi	Black rice Soybean Paste Soup Grilled Black Bean chicken 15 Steamed fish cake bean sprouts Pickled cucumber laver cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut

