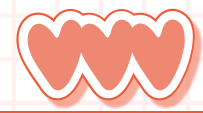
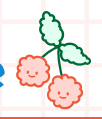


GIST's 2nd Student Restaurant Weekly Meal Table



	08월 08일	08월 09일	08월 10일	08월 11일	08월 12일	08월 13일	08월 14일		
b r e a k f a s t	Seaweed soup White rice * Kimchi fried rice Fried egg 1 Fish cutlets Chives with fresh kimchi Apple juice vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Kimchi Soup White ric*Curry fried rice lo Fried egg 1 Grilled Spam lo fried spring rolls Braised black beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprout soup White rice * Oyster sauce fried rice lo Fried egg 1 Pork bulgogi lo Stir-fried potatoes seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice* Kkakdugi fried rice Fried egg 1 Chicken cutlet 15 Stir-fried green bean homemade yogurt vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Udon soup White rice* Pork and soy sauce rice Fried egg 1 fried chicken 15 Stir-fried mushrooms Pickled red pepper vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup Black rice Fried egg 1 Stir-fried vegetables in Vienna lo Vegetable croquette laver vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup Black rice Fried egg 1 Sweet and sour pork lo Acorn jello Seasoned dried radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6		
	L u n c h e r n c h e r n	Black rice Seaweed soup Rice topped with soybean paste lo Stir-fried glass noodles lo Stir-fried crab meat mushrooms Seasoned garlic stems cabbage kimchi mixed grains	Black rice Kimchi Soup teriyaki bulgogi lo Steamed fish cake bean sprouts Seasoned seaweed and tofu Pickled red pepper cabbage kimchi Plum tea	Black rice bean sprout soup Fried monkfish Stir-fried broccoli ham lo Seasoned vegetables with vinegar Seasoned dried fish cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Grilled Spicy Chicken 15 Sweet potato soup seasoned konjac mustard Stir-fried seaweed stem cabbage kimchi Lemon tea	Black rice Udon soup tomato meatball lo Fried eggplant mushrooms seasoned radish Braised black beans cabbage kimchi mixed grains	Black rice Soybean Paste Soup Pork cutlet lo Stir-fried udon with oyster sauce Stir-fried fish cake Seasoned dried radish cabbage kimchi	Black rice bean sprouts soup Stir-fried glass noodles with pork lo Vegetable croquette Braised burdock Fresh radish kimchi cabbage kimchi	
		코 너	Grilled pork lo Spicy noodles	Chicken jjamppong 15 Ice Bar	Pork backbone stew Hand-made dumplings	Chive hot noodles Chicken tortilla 15	Rice topped with cheese pork Yogurt		
			D i n e r	Black rice Fish cake soup Stir-fried pork with red pepper paste lo Braised shrimp with radish 9 Stir-fried mushrooms Steamed cabbage cabbage kimchi	Black rice radish soup Hamburg steak lo Cream Fusili Seasoned young radish jalapeno pickles cabbage kimchi	Ham and vegetable fried ricelo Udon soup Korean style meatball lo Stir-fried ramen corn salad Hibiscus iced tea cabbage kimchi	Black rice Cold soup with soft tofu Chicken nuggets 15 spicy sujebi braised mushroom soy sauce Pickled sesame leaves cabbage kimchi	Black rice bean sprout soup Sausage over rice lo Mini pork cutlet lo Pickled radish and bean sprouts laver cabbage kimchi	Black rice Kimchi sujebi Braised Spicy Chicken 15 Braised konjac sauce cabbage bean sprouts seasoned bean sprouts cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut