



	06-27 MON	06-28 TUE	06-29 WED	06-30 THU	07-01 FRI	07-02 SAT	07-03 SUN
breakfast	Pumpkin miso soup White rice * Kimchi fried rice Fried egg 1 Chicken cutlet 15 Stir-fried Green Bean Vegetables Chinese cabbage greens vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Udon soup White rice * Seaweed seasoned rice 1 Fried egg 1 Grilled spicy chicken 15 Grilled tofu Seasoned garlic vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Spicy radish soup White rice * Oyster sauce fried rice 1 Fried egg 1 Fish cutlets Stir-fried broccoli ham 1 Braised black beans vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	miso soup White rice * Ham vegetable fried rice 1 Fried egg 1 Bulgogi with soy sauce 1 Green grape pudding Seasoned bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Seaweed soup White rice*Curry fried rice 1 Fried egg 1 Stir-fried vegetables in Vienna 1 Steamed eggs with vegetables Seasoned cucumber vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Tofu Kimchi Soup Black rice Fried egg 1 Grilled rice cake and vegetables 1 soft tofu Bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprouts soup Black rice Fried egg 1 Grilled Spam 1 Boiled dumpling 1 Stir-fried pumpkin vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6
	Black rice Pumpkin miso soup Stir-fried mushroom and pork 1 Seasoned glass noodles with mustard 1 vegetable stick Seasoned dried radish cabbage kimchi mixed grains	Black rice Udon soup Kimchi tuna with rice Chive Pumpkin Pancake Stir-fried fish cake and mushrooms Seaweed salad cabbage kimchi crispy rice crust	Black rice Spicy radish soup Grilled teriyaki chicken 15 Fried lotus root shrimp 9 Cabbage cone salad Seasoned sesame leaf cabbage kimchi Lemon tea	Black rice Cold bean soup Rosé meatball 1 Stir-fried udon with oyster sauce Stir-fried pumpkin Seasoned cabbage with sour sauce cabbage kimchi mixed grains	Black rice Seaweed soup Braised Backbone with Soy Sauce 1 Braised shrimp with radish 9 Seasoned kelp noodles crab meat Fresh vegetables cabbage kimchi Plum tea	Black rice Tofu Kimchi Soup teriyaki bulgogi 1 Spring Fries Radish salad Seasoned cucumber cabbage kimchi	Black rice bean sprouts soup Fried sweet and sour pork 1 Korean style meatball 1 Seasoned cucumber Braised black beans cabbage kimchi
	Spicy Seafood Noodles 1.17 Apple juice	kudzu cold noodles 1 Crispy Bulgogi 1	Radish kimchi fried rice 1 spring roll 2p	Chicken mayo with rice 1.15 Yogurt	Ratatouille pork cutlet 1 cream soup		
	Black rice bowl of acorn jelly Hamburg steak 1 Vegetable bibim noodles yogurt and fruit salad Braised black beans cabbage kimchi	Black rice bean sprouts soup Fried vegetables with soy sauce grilled smoked ham 1 Fresh vegetables Seasoned cucumber cabbage kimchi	Bean sprout rice 1 Seaweed cold soup Steamed quail eggs with pork 1.1 hot tofu Fried kimchi Stir-fried dried fish cubed radish kimchi	Black rice Fish cake soup Bulgogi with bean sprouts 1 Grilled assorted vegetables crown daisy Seasoned seaweed cabbage kimchi	Black rice Kimchi sujebi soup Chicken nuggets 15 Black Bean Noodles Stir-fried fish cake Stir-fried dried fish cabbage kimchi	Black rice dried pollack soup Mapa tofu rice balls 1 Spicy dumplings 1 Fried eggplants jalapeno pickles cabbage kimchi	Black rice Udon soup Braised Spicy Chicken 15 Sweet potato matang Braised burdock steamed dried radish leaves cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish(굴, 전복, 홍합 등) 19. 잣pine nut