



	06-20 MON	06-21 TUE	06-22 WED	06-23 THU	06-24 FRI	06-25 SAT	06-26 SUN		
breakfast	bean sprout soup White rice * Kimchi fried rice Fried egg 1 Hamburg steak 10 Stir-fried potatoes Yogurt vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice * Shrimp meat fried rice 9.10 Fried egg 1 Stir-fried quail eggs 1.10 Stir-fried quail eggs Seasoned cucumber vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Spicy Radish Soup White rice * Oyster sauce fried rice 10 Fried egg 1 Spicy sweet and sour pork 10 Stir-fried Green Bean Vegetables Pickled cucumber vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Udon soup White rice * Ham vegetable fried rice 10 Fried egg 1 Roast chicken oven 15 Fried eggplants Bean sprouts vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Seaweed soup White ric*Curry fried rice 10 Fried egg 1 Chicken nugget 15 Braised tofu Boiled bean vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	dried pollack soup Black rice Fried egg 1 Fish cutlets Chinese cabbage greens Pickled radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Kimchi Soup Black rice Fried egg 1 grilled smoked ham10 Boiled dumpling10 Pumpkin greens vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6		
	Lunch	Black rice bean sprout soup Eggplant rice with pork 10 Mini pork cutlet 10 Stir-fried fish cake Marinated garlic stem cabbage kimchi Lemon tea	Black rice Soybean Paste Soup curry with rice 10 Spicy dumplings 10 Mugwort bean paste Boiled bean cabbage kimchi crispy rice crust	Black rice Spicy Radish Soup grilled chicken 15 Spring roll konjac seaweed with vinegar Fresh vegetables cabbage kimchi Plum tea	Black rice Udon soup Meat spaghetti 10 Fried sweet potatoes Seasoned cucumber balloon flower soy sauce perilla leaf cabbage kimchi crispy rice crust	Black rice Seaweed soup Pork chop 10 vegetable croquette Stir-fried pumpkin Seasoned radish cabbage kimchi mixed grains	Black rice dried pollack soup Braised chicken 15 Seasoned green pomuk Stir-fried Green Bean Stir-fried radish cabbage kimchi	Black rice Kimchi Soup Steamed boneless monkfish Korean style meatball10 Fresh vegetables Fried seaweed cabbage kimchi	
		kitchen	Spicy soft tofu stew 10 Blueberry filling bread	Beef bone sundae rice soup 10 Apple picnic	iced noodles Ham kimchi rice balls 10	Black bean noodles and japchae rice 10 Fried dumplings3p 10	Cheese ramen Black rice kimbap 10		
			Dinner	Black rice Cold bean soup Braised Spicy Chicken 15 Stir-fried fish cake noodles Seasoned sour cucumber Fresh vegetables cabbage kimchi	Black rice Fried tofu udon Chicken cutlet 15 Spicy tteokbokki Pickled radish Peach ade cabbage kimchi	Black rice Fish Cake Soup Stir-fried mushroom and pork 10 Kimchi with acorn jelly young radish greens Braised cabbage cabbage kimchi	Black rice Tofu Kimchi Soup Kkanpung Chicken Ball 15 vegetable noodles Seasoned bean sprouts Ssam kelp cabbage kimchi	Black rice bean sprout soup Braised pork balls 10 soft tofu Fresh vegetables Pickled cucumber cabbage kimchi	Black rice Sujebi soup Stir-fried sundae 10 Stir-fried rice cake and soy sauce 10 Stir-fried crab meat fish cake Braised lotus root cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut