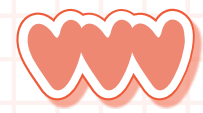


GIST's 2nd Student Restaurant Weekly Meal Table



	06-13 MON	06-14 TUE	06-15 WED	06-16 THU	06-17 FRI	06-18 SAT	06-19 SUN
b r e a k f a s t	Soybean Paste Soup White rice * Ham vegetable fried rice 1.0 Fried egg 1 Stir-fried pork with red pepper paste 1.0 Stir-fried mushrooms Yogurt vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprout soup White rice * Shrimp meat fried rice 9.1.0 Fried egg 1 Roasted chicken 15 Stir-fried potatoes Seasoned cucumber vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Udon soup White rice * Oyster sauce fried rice 1.0 Fried egg 1 Fish cutlets soft tofu Fresh chives vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Tofu Radish Soup White rice * Kimchi fried rice Fried egg 1 Pork chop 1.0 vegetable croquette Seasoned cucumber vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Kimchi Soup White rice*Curry fried rice 1.0 Fried egg 1 Boiled quail eggs with ham 1.1.0 Stir-fried fish cake 1.0 Dried radish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Seaweed soup Black rice Fried egg 1 Chicken nuggets 15 Braised tofu Green grape pudding vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	dried pollack soup Black rice Fried egg 1 Pork cutlet 1.0 Spinach greens Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6
	Black rice Soybean Paste Soup Spicy Sausage Stew Sauce 1.0 Steamed sundae 1.0 Cold crab meat and vegetables Stir-fried zucchini cabbage kimchi mixed grains	Black rice bean sprout soup Stir-fried chives with pork 1.0 Braised shrimp with radish Fried eggplants vegetable stick cabbage kimchi Lemon tea	Black rice Udon soup Black bean rice 1.0 Mushroom tofu soup rice noodle salad jalapeno pickles cabbage kimchi crispy rice crust	Black rice Tofu Radish Soup Spicy braised spicy chicken 15 Curry stir-fried udon Stir-fried zucchini Seasoned garlic cabbage kimchi sweet rice drink	Black rice Seaweed cold soup Braised Backbone 1.0 tteokbokki Curly Black Sesame Salad Seasoned seaweed cabbage kimchi Plum tea	Black rice Seaweed soup Boiled meatballs 1.0 Sweet potato matang Seasoned bean sprouts Seasoned cucumber cabbage kimchi	Black rice dried pollack soup Spicy Stir-fried Pork 1.0 Spring Fries Fresh kimchi with chives Seasoned sesame leaf cabbage kimchi
	chicken soup with ginseng 15 Yogurt	Beef bone kalguksu 1.0 hot dog 1.0	Teriyaki Chicken Fried Rice 15 Mini Udon	Vegetable tuna bibimbap Takokayki	old lunch box 15 sugar bread		
	Black rice Cold noodles with dongchimi Fried sweet and sour pork 1.0 Sausage rice cake 1.0 Stir-fried seaweed ste Dried radish cabbage kimchi	Black rice Kimchi Fish Cake Soup Pineapple hamburger 1.0 Seasoned green pomuk with vegetables Braised cabbage braised beans cabbage kimchi	Black rice dried radish leaves backbone stew 1.0 Korean style meatball 1.0 Stir-fried glass noodles with vegetables 1.0 Fresh vegetables Seasoned sesame leaf cabbage kimchi	Black rice Soybean Paste Soup Spicy kimchi and pork stir-fried 1.0 hot tofu Stir-fried mushrooms Galibutter Morning Bread cabbage kimchi	Black rice bean sprout soup Black Bean Sauce Pork Bowl 1.0 Chili dumplings 1.0 Ssam kelp Seasoned dried fish cabbage kimchi	Black rice Soft Tofu Soup Braised pork quail eggs 1.1.0 Sausage pancake Seasoned tofu with crown daisy Seasoned radish cabbage kimchi	Black rice Sujebi soup Fish cutlets Spicy noodles Stir-fried crab sticks and mushrooms Dried radish cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1. 케란류egg 2. 우유milk 3. 메밀buckwheat 4. 땅콩Peanut 5. 대두Soybean 6. 밀Wheat 7. 고등어Mackerel 8. 게Crab 9. 새우Shrimp 10. 돼지고기Pork 11. 복숭아Peach 12. 토마토Tomato 13. 아황산류sulphite 14. 호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut

