



	06-06 MON	06-07 TUE	06-08 WED	06-09 THU	06-10 FRI	06-11 SAT	06-12 SUN		
breakfast	Tofu Kimchi Soup Black rice Fried egg 1 Chicken cutlet 15 Stir-fried chives laver vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprout soup White rice * Shrimp meat fried rice 9.1 Fried egg 1 braised quail eggs in Vienna 1.0 Stir-fried mushrooms Carrot apple juice vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Udon soup White rice * Oyster sauce fried rice 1.0 Fried egg 1 Grilled Chicken 15 soft tofu Seasoned cucumber vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Soybean Paste Soup White rice * Ham vegetable fried rice 1.0 Fried egg 1 Pork bulgogi 1.0 Stir-fried Green Bean Vegetables Yogurt vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	Seaweed soup White rice * Curry fried rice 1.0 Fried egg 1 hamburger 1.0 Braised spicy tofu Boiled bean vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	bean sprout soup Black rice Fried egg 1 Chicken nuggets 15 Stir-fried vegetables in Vienna 1.0 Green grape pudding vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6	pollack soup Black rice Fried egg 1 grilled smoked ham 1.0 Boiled dumpling Seasoned dried fish vegetable salad cabbage kimchi cereal* milk 2.6 Toast* jam 6		
	lunch	Black rice Tofu Kimchi Soup Fried sweet and sour pork 1.0 Korean style meatball 1.0 Cabbage salad Seasoned garlic cabbage kimchi	Black rice bean sprout soup Spicy stir-fried chicken 15 Seasoned acorn jelly and vegetables Stir-fried shrimp pumpkin Seasoned sesame leaf cabbage kimchi Lemon tea	Black rice Udon soup Fish cutlets Meat spaghetti 1.0 corn salad jalapeno pickles cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Kimchi pork over rice 1.0 Stir-fried sundae and vegetables 1.0 Seasoned cucumber Fresh vegetables cabbage kimchi mixed grains	Black rice Seaweed soup Braised dried radish leaves 1.0 Fried dumplings 1.0 Stir-fried seaweed stem Seasoned dried fish cabbage kimchi Plum tea	Black rice bean sprout soup Mapa tofu rice balls 1.0 Cheongyang Mayo Meatball 1.0 Braised burdock Seasoned cucumber cabbage kimchi	Black rice pollack soup Steamed teriyaki chicken 15 sausage pancake 1.0 blanched broccoli braised beans cabbage kimchi	
		korea	Memorial Day	Black Bean Noodles, Eggs and Cheese 1.1.0 Toast a pizza 1.0	Kimchi stew with pork and ham 1.0 Juicy Cool	pork cutlet set 1.0	Kimchi ramen Fish cake pepper kimbab		
			dinner	Black rice Seaweed soup Steamed monkfish Spring Fries Spinach greens laver cabbage kimchi	Black rice Beef bone rice cake dumpling soup 1.0 Boiled pork balls with vegetables 1.0 Soy sauce noodles Soy sauce braised with konjac tofu Pickled radish cabbage kimchi	Black rice Soft Tofu Soup Stir-fried pork with pumpkin 1.0 Braised shrimp with radish Crab stir-fried mushroom Vegetable wraps cabbage kimchi	Black rice fish cake soup curry 1.0 Chicken salad 15 Braised bok choy dried slices of daikon cabbage kimchi	Black rice pollack soup Braised Spicy Chicken with Soy Sauce 15 Sweet potato matang Stir-fried vegetable fish cake Seasoned radish cabbage kimchi	Black rice soybean paste soup Soy sauce Bulgogi 1.0 vegetable croquette Seasoned bean sprouts Seasoned sesame leaf cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬): 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1. 케란류 egg 2. 우유 milk 3. 메밀 buckwheat 4. 땅콩 Peanut 5. 대두 Soybean 6. 밀 wheat 7. 고등어 Mackerel 8. 게 Crab 9. 새우 Shrimp 10. 돼지고기 Pork 11. 복숭아 Peach 12. 토마토 Tomato 13. 아황산류 sulfite 14. 호두 walnut 15. 닭고기 chicken 16. 쇠고기 beef 17. 오징어 Squid 18. 조개류 shellfish (굴, 전복, 홍합 등) 19. 잣 pine nut