



	04-11 MON	04-12 TUE	04-13 MED	04-14 THU	04-15 FRI	04-16 SAT	04-17 SUN
b r e a k f a s t	seaweed soup White rice * Oyster sauce fried rice 1lo Fried egg 1 Fish cutlets Stir-fried mushrooms Stir-fried fish cake Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup White rice * Shrimp meat fried rice 9.1o Fried egg 1 Stir-fried kimchi pork 1o Soft tofu Stir-fried seaweed stems Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Fish Cake Soup White rice * Kimchi fried rice 1o Fried egg 1 boiled quail eggs with pork 1.1o Seasoned acorn jelly vegetables Seasoned bean sprouts Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Soybean Paste Soup White rice * Ham vegetable fried rice 1o Fried egg 1 grilled chicken 15 Stir-fried mushrooms Spinach greens Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Kimchi tofu soup White rice * Pork soy sauce rice 1o Fried egg 1 Sweet and Sour Pork 1o Spicy braised potatoes Seasoned garlic Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Soybean Paste Soup Black rice Fried egg 1 Chicken cutlet 15 Stir-fried Green Bean Vegetables laver Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Bean sprout soup Black rice Fried egg 1 Grilled smoked ham 1o Vegetable croquette Seaweed seasoned with vinegar Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2
	Black rice Bean sprout soup red pepper paste bulgogi 1o Seasoned dumplings 1o Seasoned cucumber seaweed Vegetable wraps cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Spicy Stir-fried Chicken 15 Fried sweet potatoes Seasoned radish Fresh vegetables cabbage kimchi lemon tea	Black rice seaweed soup curried rice 1o Spicy chewy noodles cabbage greens Seasoned Five Fishes cabbage kimchi crispy rice crust	Black rice Udon soup Kimchi cheese hamburger steak 1o pumpkin vegetable pancake Cold Pasta Salad seasoned dried fish cabbage kimchi lemon tea	Black rice clear radish soup grilled chicken 15 Fried japchae Seasoned red vegetable chives Soy sauce sesame leaf cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Mushroom meatballs 1o Braised spicy tofu Fresh vegetables Seasoned dried radish cabbage kimchi	Black rice Bean sprout soup Bulgogi with Soy Sauce 1o Spicy noodles Stir-fried cabbage mushrooms stewed beans cabbage kimchi
	Uni Black Bean Noodles 1o Pizza toast 1o	hot spicy meat stew 16 Yogurt	Fried chicken 15 Gimbap, fried rice 1o	Pork cutlet mayo over rice 1o Juicy Cool	rice cake ramen New York hot dog 1o		
	D i n n e r	Black rice Mushroom dumpling soup 1o Spicy Sour Pork 1o Mustard japchae 1o crown daisy Seasoned bean sprout cabbage kimchi	Black rice Fried fried tofu udon Cheekit Nuggets 15 sundaelo Seasoned pickled radish Tropical Fruit Ade cabbage kimchi	Black rice Kimchi tofu soup Braised Back Ribs 1o Braised shrimp with radish 9 bracken greens Stir-fried zucchini cabbage kimchi	Black rice Spinach soft tofu soup Spicy with Rice 1o Chicken cutlet salad 15 Stir-fried fish cake Pickle jalapenos cabbage kimchi	Black rice Spicy dried pollack soup pork chop 1o Korean style meatball 1o Braised sweet pumpkin Seasoned Five Fishes cabbage kimchi	Black rice seaweed soup Braised Spicy Chicken 15 Sweet potato matang soybean paste vegetables Seasoned garlic cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬): 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1. 달걀 Egg 2. 우유 Milk 3. 메밀 buckwheat 4. 땅콩 Peanut 5. 대두 Soybean 6. 밀 Wheat 7. 고등어 Mackerel 8. 게 Crab 9. 새우 Shrimp 10. 돼지고기 Pork 11. 복숭아 Peach 12. 토마토 Tomato 13. 아황산류 sulfite 14. 호두 walnut 15. 닭고기 chicken 16. 쇠고기 beef 17. 오징어 Squid 18. 조개류 shellfish (굴, 전복, 홍합 등) 19. 잣 pine nut