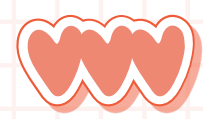




GIST's 2nd Student Restaurant Weekly Meal Table



	02-21 MoN	02 -22 TUE	02 - 23 WED	02-24 THU	02 -25 FRI	02 -26 SAT	02 -27 SUN		
breakfast	Soybean Paste Soup 5 White rice * Chili Bean Sauce Fried Rice 10 Fried egg 1 Fish cutlets Stir-fried mushroom Radish salad Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	bean sprout soup White rice * Curry fried rice 10 Fried egg 1 Grilled chicken 15 Braised radish with soy sauce Green bean stir-fried vegetables Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Seaweed soup White rice * Ham vegetable fried rice 10 Fried egg 1 Chicken nuggets 15 Sausage pancake 10 Braised lotus roots Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Soybean Paste Soup 5 White rice * Kimchi ham fried rice 10 Fried egg 1 Soy sauce bulgogi 10 Vegetable croquette Seasoned bean sprouts Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Clear tofu soup 5 White rice * Shrimp meat fried rice 9.10 Fried egg 1 Braised quail eggs with pork 1.10 Seasoned acorn jelly and vegetables Seasoned sesame leaves Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup 5 Black rice Fried egg 1 Grilled spam 10 Seasoned konjac Stir-fried fish cake Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	bean sprout soup Black rice Fried egg 1 Grilled pork balls and vegetables Steamed eggs Braised potatoes Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2		
	lunch	Black rice Soybean Paste Soup 5 Steamed teriyaki chicken 15 Soft tofu gratin 5 Culiflower salad Stir-fried seaweed stem cabbage kimchi crispy rice crust	Black rice bean sprout soup Stir-fried cabbage and pork 10 Sugar glazed sweet potatoes Stir-fried seaweed Pickled radish cabbage kimchi lemon tea	Black rice Seaweed soup Squid and vegetable over rice 9.17 Braised meatball ketchup 10 Stir-fried shrimp pumpkin 9 Braised beans cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup 5 Grilled chili chicken 15 Green pumpkin pancake 6 Peanut lotus root salad 4 Vegetable fresh kimchi cabbage kimchi lemon tea	Black rice Clear tofu soup 5 Braised mackerel 7 Spicy noodles Stir-fried fish cake Seaweed corn salad cabbage kimchi crispy rice crust	Black rice Udon soup 5 Pork pochap 10 Crab meat and vegetables Stir-fried mushroom oyster sauce Seasoned crown daisy tofu cabbage kimchi	Black rice bean sprout soup Sweet and sour chicken balls 15 Stir-fried oyster sauce udon Stir-fried seaweed Vegetable fresh kimchi cabbage kimchi	
		korean	Pork cutlet kimchi over rice 10 Tortilla Hotteok 4	Anchovy soup noodles Pizza toast 10	Hot stone pot jjamppong bibimbap 10 Juicy Cool	Rice noodle 10 Milk pudding	Chicken fried rice 15 Takokayki		
			Dinner	Black rice Udon soup 5 Curry rice 10 Sweet and sour chicken 15 Spring fresh kimchi Seasoned pickled radish cabbage kimchi	Black rice Beef bone sundae soup 10 Korean style meatball 10 Spicy glass noodles Spinach greens Seasoned dried radish cabbage kimchi	Black rice Soybean Paste Soup 5 Kimchi stir-fried pork 10 Spring roll Stir-fried mushroom Seasoned sesame leaves cabbage kimchi	Black rice Dried pollack soup Cheese hamburger steak 10 Pusili pasta Seasoned bellflower roots Pickled garlic stems cabbage kimchi	Black rice bean sprout soup Chicken cutlet 15 Stir-fried fish cake ramen Stir-fried potatoes Stir-fried bracken cabbage kimchi	Black rice Soybean Paste Soup 5 Boiled pork balls 10 noodles with vegetables Stir-fried ham green bean 10 Ssam kelp cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.케란류egg 2.우유Milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.아황산류sulphite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (국, 전분, 훈합 등) 19. 잣pine nut