



	02-07 MON	02-08 TUE	02-09 WED	02-10 THU	02-11 FRI	02-12 SAT	02-13 SUN	
Breakfast	Kimchi bean sprout soup White rice * Shrimp meat fried rice 9.10 Fried egg 1 Boiled pork 10 Braised beans Pickled red pepper Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Shrimp seaweed soup 9 White rice * Pork soy sauce rice 10 Fried egg 1 Boiled pork balls 10 Stir-fried broccoli mushrooms Pickled cucumber Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup White rice * Kimchi fried rice 10 Fried egg 1 Chicken cutlet 15 Sausage pancake 10 Lettuce fresh kimchi Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Soybean Paste Soup White rice * Seasoned laver rice 10 Fried egg 1 Grilled pork balls 10 Braised potatoes laver Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Bean sprout soup White rice * Ham vegetable fried rice 10 Fried egg 1 Pork bulgogi 10 Fried dumplings 10 Stir-fried fish cake Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup Black rice Fried egg 1 Grilled spam 10 Vegetable croquette Pickled radish bean paste greens Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Shrimp seaweed soup 9 Black rice Fried egg 1 Stir-fried ham and mushroom 10 Braised meatballs 10 Braised beans Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	
	Lunch	Black rice Kimchi bean sprout soup Tomato spaghetti 10 Chicken cutlet Yuringi 15 Stir-fried sausage fish cake 10 Pickled radish cabbage kimchi crispy rice crust	Black rice Shrimp seaweed soup 9 Steamed dried back bone 10 Meatball tofu and braised ketchup 10 Marinated fried tofu crab meat Pickled garlic stems cabbage kimchi lemon tea	Black rice Udon soup Grilled chicken oven 15 Sweet potato salad Seasoned spinach Seasoned seaweed cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup Pork bulgogi 10 Vegetable croquette Stir-fried seaweed stems Vegetable wraps cabbage kimchi lemon tea	Black rice Bean sprout soup Stir-fried pork balls and vegetables 10 Stir-fried noodles with pork and vegetables 10 Seasoned dried fish Pickled red pepper cabbage kimchi crispy rice crust	Black rice Udon soup Pork cutlet 10 Braised shrimp with radish 9 Bean sprouts, crab mustard Seasoned chicory citron salad cabbage kimchi	Black rice Shrimp seaweed soup 9 Braised Spicy Chicken 15 Kimchi pancake Stir-fried fish cake Fresh young radish kimchi cabbage kimchi
		Dinner	Sundae gukbap 10 Apple juice	Pork kimchi stew 10 Sandwich 1	dumpling noodles 10 Sweet and sour pork 10	Chili mayonnaise chicken 15 Kimchi ham fried rice 10	Butter pork stewed hot-pot bibimbap 10 Yogurt	
			Black rice Soft tofu egg soup 1 Stir-fried squid and pork 10.17 Fried dumpling 10 Seasoned Mung Bean Jelly Seasoned sesame leaves cabbage kimchi	Black rice Bean sprout jjamppong soup 10 Chicken nuggets. 15 Braised ham and potatoes 10 Stir-fried seaweed stem zhacai cabbage kimchi	Black rice Kimchi tofu soup Curry rice 10 Braised quail eggs with pork 1.10 Stir-fried fish cake and vegetables Seasoned radish bean paste cabbage kimchi	Black rice Shrimp seaweed soup 9 Stir-fried chicken soondae 10.15 Sugar glazed sweet potatoes Braised beans Seasoned acorn jelly cabbage kimchi	Black rice Dried pollack soup Steamed pork and aged kimchi 10 Grilled tofu 5 Seasoned lotus root black sesame laver cabbage kimchi	Black rice Soybean Paste Soup Hamburg steak 10 Mixed vegetables noodles Spinach greens Pickled garlic stems cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬):배추(중국산)고추가루(중국산)돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) .닭(국내산) 고등어(국내산)

1.계란류egg 2.우유milk 3.메밀buckwheat 4.땅콩Peanut 5.대두Soybean 6.밀Wheat 7.고등어Mackerel 8.게Crab 9.새우Shrimp 10.돼지고기Pork 11.복숭아Peach 12.토마토Tomato 13.야황산류sulgite 14.호두walnut 15. 닭고기chicken 16. 쇠고기beef 17. 오징어Squid 18. 조개류shellfish (굴, 전복, 홍합 등) 19. 잣pine nut