



	12-13 MoN	12-14 TUE	12-15 WED	12-16 THU	12-17 FRI	12-18 SAT	12-19 SUN
Breakfast	Bean sprout soup White rice * Ham vegetable fried rice 1.0 Fried egg 1 Stir-fried pork and kimchi 1.0 Vegetable croquette Braised beans Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Soybean Paste Soup 5 White rice * Kimchi ham fried rice 1.0 Fried egg 1 Pork chop steak 1.0 Sausage pancake 1.0 Seasoned cucumbers Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Bean sprout soup White rice * Oyster sauce vegetable fried rice 1.0 Fried egg 1 Braised quail eggs with pork 1.0 Mini pork cutlet 9 laver Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Potato Sujebi soup 6 White rice * Shrimp meat fried rice 9.1.0 Fried egg 1 Braised Spicy Chicken 15 Stir-fried cabbage Stir-fried seaweed Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	seaweed soup White rice * Laver seasoned rice 1.0 Fried egg 1 Boiled pork balls 1.0 Braised potatoes Stir-fried seaweed stem Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Dried pollack soup Black rice Fried egg 1 Pork bulgogi 1.0 Seasoned bean sprouts Pickled radish Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup 5 Black rice Fried egg 1 Grilled spam 1.0 Braised shrimp with radish 9 Sea tangle Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2
	Lunch	Black rice Kimchi bean sprout soup Mapa Tofu 5.1.0 Fish cutlets Stir-fried seaweed stem Pickled radish cabbage kimchi crispy rice crust	Black rice Soybean Paste Soup 5 Turmeric sweet and sour pork 1.0 Seafood stir-fried udon 1.0.17 Stir-fried ham and potato salad 1.0 Sesame leaf seasoning cabbage kimchi lemon tea	Black rice Bean sprout soup Spicy braised chicken 15 Stir-fried ham and vegetables 1.0 Stir-fried cabbage Seasoned dried radish cabbage kimchi crispy rice crust	Black rice Potato Sujebi soup 6 Bulgogi pochap 1.0 Sweet potato salad Stir-fried broccoli mushrooms Sea tangle cabbage kimchi lemon tea	Black rice seaweed soup Braised Back Ribs 1.0 Fried vegetables Braised shrimp with radish 9 Stir-fried seaweed cabbage kimchi crispy rice crust	Black rice Dried pollack soup Braised chicken kimchi 15 Seasoned crown daisy tofu 5 Seaweed radish salad laver cabbage kimchi
Dinner		Pork kimchi stew 1.0 hot dog 1.0	Cheese pork bibimbap 1.0 Juicy Cool	assorted ham ramen 6.1.0 Fried dumplings 1.0	Ratatouille pork cutlet 1.0 Morning bread 6 * Yogurt	Pork and kimchi fried rice 1.0 Fried egg 1 * Mini steamed buns 6	It can be changed due to purchase circumstances
	Dessert	Black rice Pork back bone soup 1.0 Grilled pork balls 1.0 Stir-fried fish cake 6 Bean sprout mustard salad Seasoned dried radish cabbage kimchi	Black rice Corn cream soup 6 Chicken cutlet 15 Spicy vegetables noodles 6 Seasoned dried fish Seasoned chicory citron salad cabbage kimchi	Black rice Udon soup 5 Stir-fried bell pepper, pork, and vegetables 1.0 Mini steamed bread 6 Stir-fried fish cake konjac Seaweed salad cabbage kimchi	Black rice Tuna soft tofu stew 5 Braised pork tofu 5.1.0 Korean style meatball 1.0 Seasoned seaweed Pickled red pepper cabbage kimchi	Black rice Soybean Paste Soup 5 curry and rice 1.0 Braised meatballs 1.0 Acorn jello Seasoned dried radish cabbage kimchi	Black rice Fish Cake Soup Kimchi tuna fried rice Sweet and sour chicken 15 Seasoned radish with chives Vegetable salad cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬) : 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뽀(칠레) 소고기(호주산) 삼겹살(독일산) . 닭(국내산) 고등어(국내산)

1. 계란류 egg 2. 우유 milk 3. 메밀 buckwheat 4. 땅콩 Peanut 5. 대두 Soybean 6. 밀 Wheat 7. 고등어 Mackerel 8. 게 Crab 9. 새우 Shrimp 10. 돼지고기 Pork 11. 복숭아 Peach 12. 토마토 Tomato 13. 아황산류 sulfite 14. 호두 walnut 15. 닭고기 chicken 16. 쇠고기 beef 17. 오징어 Squid 18. 조개류 shellfish (굴, 전복, 홍합 등) 19. 잣 pine nut