



	12-06 Mon	12-07 Tue	12-08 WED	12-09 THU	12-10 FRI	12-11 SAT	12-12 SUN
Breakfast	Kimchi tofu soup 5 White rice * Ham vegetable fried rice 10 Fried egg 1 Braised ham quail eggs 1.10 Grilled tofu 5 laver Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Hand-pulled dough soup 6 White rice * Kimchi ham fried rice 10 Fried egg 1 Pork bulgogi 10 Vegetable croquette Braised beans Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Soybean Paste Soup 5 White rice * Shrimp meat fried rice 9.10 Fried egg 1 Grilled spam 10 Braised potatoes Seasoned sesame leaves Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Shrimp seaweed soup 9 White rice * Laver seasoned rice 10 Fried egg 1 Boiled pork and quail eggs 1.10 Braised meatball teriyaki 10 Seasoned cabbage Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup 5 White rice * Pork soy sauce rice 10 Fried egg 1 Braised Spicy Chicken 15 Stir-fried fish cake and vegetables laver Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Udon soup 5 Black rice Fried egg 1 Stir-fried pork balls and mushrooms 10 Seasoned tofu 5 laver Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2	Mushrooms and perilla seed soup Black rice Fried egg 1 Sweet and sour chicken 15 Braised shrimp with radish 9 Pickled radish Vegetable salad cabbage kimchi Cereal * Milk 2.6 Toast * Jam 2
	Lunch	Black rice Kimchi tofu soup 5 Meat tomato spaghetti 6.10.12 Chicken cutlet 15 Stir-fried seaweed Coleslaw cabbage kimchi crispy rice crust	Black rice Hand-pulled dough soup 6 Boiled pork balls 10 Squid kimchi pancake 17.6 Stir-fried broccoli mushrooms Pickled radish cabbage kimchi lemon tea	Black rice Soybean Paste Soup 5 curry and rice 10 Fried sweet potatoes 6 Braised shrimp with radish 9 laver cabbage kimchi crispy rice crust	Black rice Shrimp seaweed soup 9 Sweet pumpkin braised chicken 15 Stir-fried pork and vegetable noodles 10 mung-bean sprouts Seasoned dried radish cabbage kimchi lemon tea	Black rice Udon soup 5 Stir-fried pork and kimchi 10 Mini pork cutlet 10 Seasoned crown daisy tofu 5 Seaweed salad cubed radish kimchi crispy rice crust	Black rice Udon noodles 5.6 Tuna mayonnaise rice Chicken nuggets 15 Seasoned green onion and bean sprouts Pickled radish cabbage kimchi
Dinner		Flying fish roe stone pot bibimbap Octopus ball 6	Pork cutlet mayo over rice 10 Apple juice	Grilled pork and sausage 10 Yogurt	Squid jjamppong 10.17 Sweet and sour pork 10	Bulgogi over rice 10 Yogurt	It can be changed due to purchase circumstances
	Black rice Spicy Sausage Stew 6.10 Boiled pork and quail eggs 1.10 Garlic baguette 6 Green bean Stir-fried potatoes Seasoned dried radish cabbage kimchi	Black rice Chicken soup 15 Spicy sweet and sour pork 10 Stir-fried shrimp pumpkin 9 Seasoned radish bean paste Sea tangle cabbage kimchi	Black rice Fish Cake Soup Braised potatoes with backbones 10 Fried dumplings 10 Stir-fried fish cake and vegetables Seasoned radish seaweed cabbage kimchi	Black rice Bean sprout soup Pork bulgogi 10 Sausage pancake 10 Braised lotus root beans Steamed cabbage cabbage kimchi	Black rice Kimchi tofu soup 5 Tomato Hamburg Chop Steak 10.12 Stir-fried udon 6 Seasoned bean sprouts Seasoned dried radish cabbage kimchi	Black rice Soybean Paste Soup 5 Stir-fried chili chicken 15 Black sesame salad with broccoli Sesame leaf seasoning Seasoned seaweed cabbage kimchi	Black rice Shrimp seaweed soup 9 Pork cutlet 10 Braised saury with kimchi Soft tofu 5 Morning bread 6 cabbage kimchi

쌀(국내산) 배추김치(국, 찌개, 볶음, 반찬): 배추(중국산) 고추가루(중국산) 돈육(국내산) 돈뼈(칠레) 소고기(호주산) 삼겹살(독일산) . 닭(국내산) 고등어(국내산)

1. 계란류 egg 2. 우유 milk 3. 메밀 buckwheat 4. 땅콩 Peanut 5. 대두 Soybean 6. 밀 Wheat 7. 고등어 Mackerel 8. 게 Crab 9. 새우 Shrimp 10. 돼지고기 Pork 11. 복숭아 Peach 12. 토마토 Tomato 13. 아황산류 sulfite 14. 호두 walnut 15. 닭고기 chicken 16. 쇠고기 beef 17. 오징어 Squid 18. 조개류 shellfish (굴, 전복, 홍합 등) 19. 잣 pine nut